

## Treatment and Care for Everyone People Living with HIV in the Philippines in the Time of COVID-19

Survey Results and Recommendations 24 March 2020

By Engr. Xavier Javines Bilon

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The author of this report is Xavier Javines Bilon.

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#### **United Nations Development Programme**

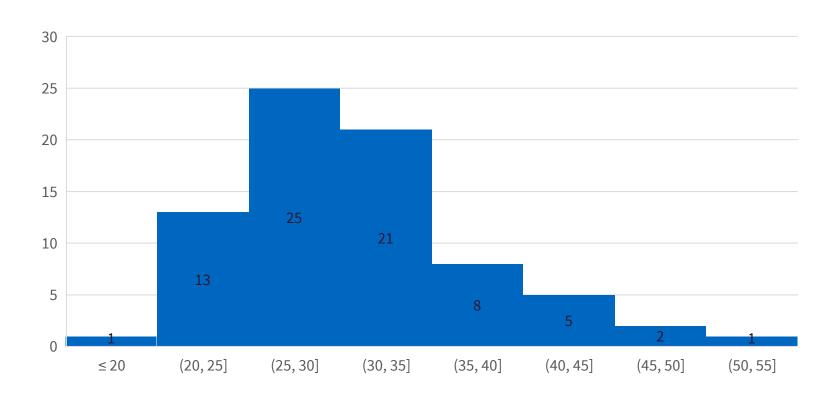
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## Background

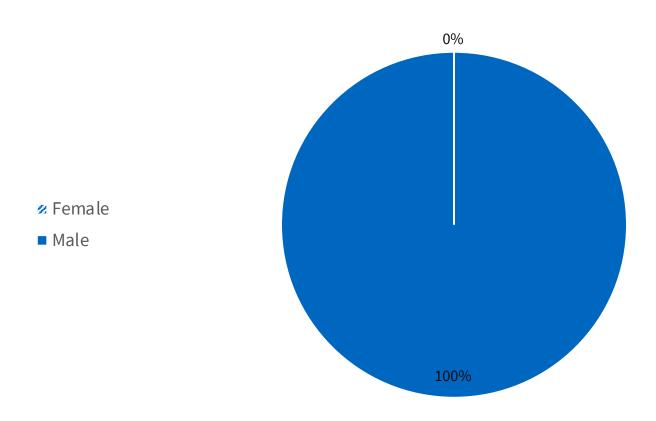
- We received 79 responses, with 5 duplicates.
- After processing, we have a sample of 74 valid responses (n = 74).
- Average time to complete the survey is 7 minutes, 8 seconds.

**Age**Demographic Characteristics

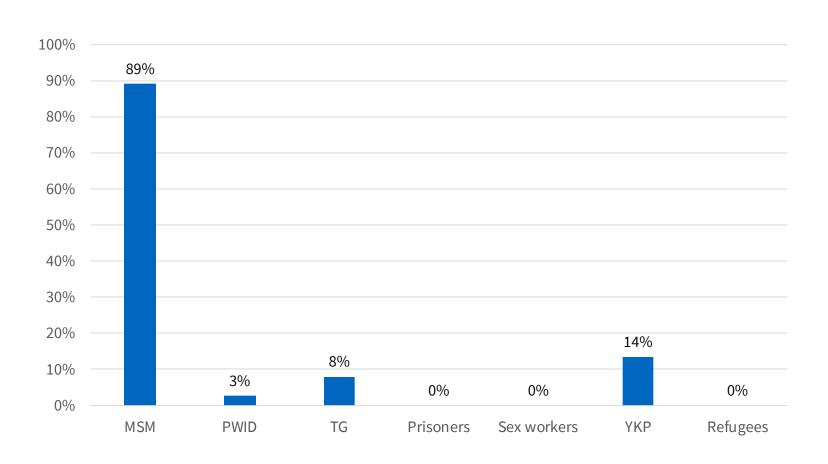


Mean = 46.5 Median = 30.5

## **Assigned Sex at Birth**

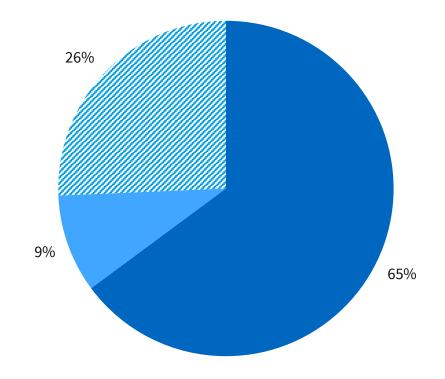


## Membership to Key Populations

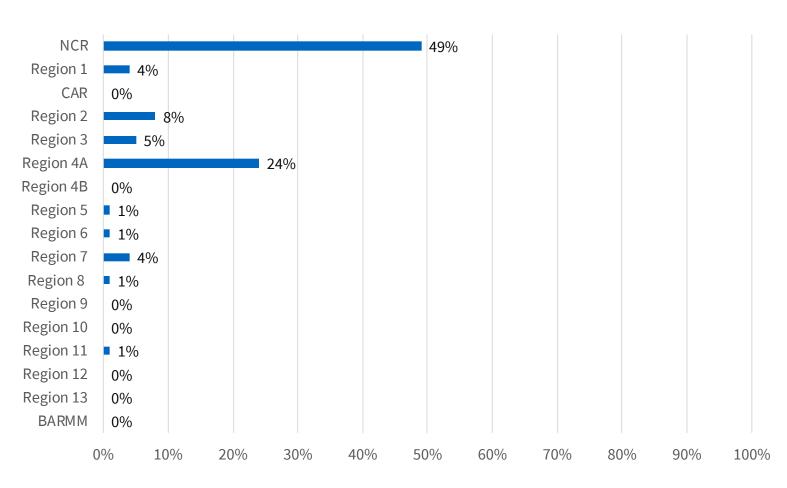


## **Employment Status**

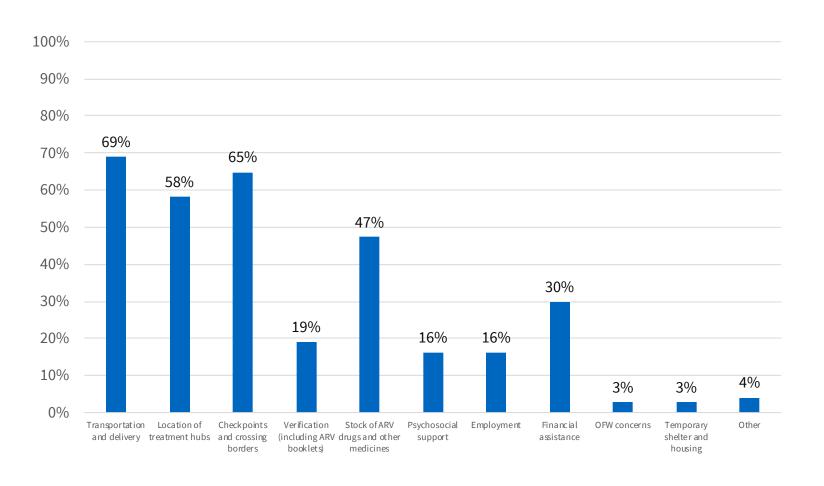




## Region of Residence



## Type of Concern



## **Transportation & Delivery**

### Results

| Location of Treatment Hub | Name of Treatment Hub             | Residence of Client      |  |
|---------------------------|-----------------------------------|--------------------------|--|
| Makati                    | Makati Medical Center             | Quezon City              |  |
|                           |                                   | Lucena City, Quezon      |  |
| Mandaluyong City          | LoveYourself Anglo                | Tuguegarao City, Cagayan |  |
|                           |                                   | Pasig                    |  |
|                           |                                   | Antipolo City, Rizal     |  |
|                           |                                   | La Union                 |  |
|                           |                                   | Manila                   |  |
|                           |                                   | Bay, Laguna              |  |
|                           |                                   | Mandaluyong              |  |
|                           | Asian Hospital and Medical Center | Muntinlupa               |  |
|                           | SHIP                              | Taytay, Rizal            |  |

## **Transportation & Delivery**

### Results

| Location of Treatment Hub | Name of Treatment Hub | Residence of Client       |  |
|---------------------------|-----------------------|---------------------------|--|
| Manila                    | Manila SHC            | Sta. Maria, Bulacan       |  |
|                           |                       | Manila                    |  |
|                           | San Lazaro Hospital   | Quezon City               |  |
|                           |                       | Manila                    |  |
|                           |                       | Urdaneta City, Pangasinan |  |
| Muntinlupa City           | RITM                  | Dasmariñas, Cavite        |  |
|                           |                       | Los Baños, Laguna         |  |
|                           |                       | Quezon City               |  |
|                           |                       | Sta. Rosa, Laguna         |  |
|                           |                       | Pasig                     |  |

## **Transportation & Delivery**

### Results

| Location of Treatment Hub | Name of Treatment Hub                       | Residence of Client  |
|---------------------------|---|----------------------|
| Pasay City                | LoveYourself Victoria                       | Calamba City, Laguna |
| Pasig City                | The Medical City - iREACT                   | Quezon City          |
|                           |   | Antipolo City, Rizal |
| Quezon City               | Klinika Bernardo and<br>Klinika Novaliches  | Quezon City          |
| Taguig City               | St. Luke's Medical Center, Global City      | Manila               |
|                           | Taguig Social Hygiene and Drop-in<br>Center | Mandaluyong          |

## **Transportation & Delivery**

#### Results

| Location of Treatment Hub    | Name of Treatment Hub         | Residence of Client        |  |
|------------------------------|-------------------------------|----------------------------|--|
| Tuguegarao City, Cagayan     | Cagayan Valley Medical Center | Tuguegarao City, Cagayan   |  |
|                              |                               | Cabagan, Isabela           |  |
|                              |                               | Cauayan City, Isabela      |  |
|                              |                               | Santiago City, Isabela     |  |
| Marilao, Bulacan             | Kanaryong Silungan            | Marilao, Bulacan           |  |
| Cabanatuan City, Nueva Ecija | Premiere Medical Center       | San Jose City, Nueva Ecija |  |
| Sta. Cruz, Laguna            | Laguna Medical Center         | Calamba City, Laguna       |  |

## **Transportation & Delivery**

#### Results

| Location of Treatment Hub | Name of Treatment Hub               | Residence of Client     |  |
|---------------------------|-------------------------------------|-------------------------|--|
| Cebu City                 |                                     | Cebu City, Cebu         |  |
| Center                    |                                     | Moalboal, Cebu          |  |
| Davao City                | Southern Philippines Medical Center | Carmen, Davao del Norte |  |

### **Location of Treatment Hubs**

#### Results

• For PLHIVs in Metro Manila, it is possible to use transportation services by LGUs and courier services (such as Angkas and Grab).

| Residence of Client | Nearest HIV Facility                     | Average Distance<br>in km | Average<br>Distance in<br>Hours by<br>Walking |
|---------------------|--|---------------------------|---|
| Mandaluyong         | Mandaluyong City Social Hygiene Clinic   | 1.3                       | 0.3   |
|                     | LoveYourself - Anglo                     | 2.3                       | 0.5   |
| Manila              | Several treatment hubs in Manila         |                           |   |
| Muntinlupa          | Asian Hospital and Medical Center        | 3.2                       | 0.7   |
|                     | Research Institute for Tropical Medicine | 3.9                       | 0.8   |
| Pasig               | The Medical City (i-REACT Clinic)        | 6.1                       | 1.3   |
|                     | Pasig City Treatment Hub (PATH)          | 2.8                       | 0.6   |
| Quezon City         | Several treatment hubs in Quezon City    |                           |   |

### **Location of Treatment Hubs**

### Results

| Residence of Client | Nearest HIV Facility   | Average Distance<br>in km | Average<br>Distance in<br>Hours by<br>Walking |
|---------------------|--|---------------------------|---|
| Dasmariñas, Cavite  | Dasmariñas City Health Office I (SHC)                                  | 4.7                       | 0.9   |
| Los Baños, Laguna   | Calamba Doctors Hospital   | 14.6                      | 3.0   |
| Sta. Rosa, Laguna   | Ospital ng Biñan   | 8.3                       | 1.7   |
| La Union            | Ilocos Training and Regional Medical Center                            | 3.1                       | 0.6   |
| Bay, Laguna         | San Pablo Social Hygiene Clinic  | 20.1                      | 4.2   |
|                     | Calamba Doctors Hospital   | 20.9                      | 4.2   |
| Taytay, Rizal       | Cainta Reproductive Wellness - Social Hygiene<br>Clinic                | 3.8                       | 0.8   |
| Sta. Maria, Bulacan | RE De Jesus Mulli-Specialty Clinic and Diagnostic Center (GreenClinic) | 0.1                       | 0.1   |

### **Location of Treatment Hubs**

### Results

| Residence of Client       | Nearest HIV Facility   | Average Distance<br>in km | Average<br>Distance in<br>Hours by<br>Walking |
|---------------------------|--|---------------------------|---|
| Urdaneta City, Pangasinan | Region 1 Medical Center  | 27.9                      | 5.7   |
| Tuguegarao City, Cagayan  | Cagayan Valley Medical Center                                  | 5.4                       | 1.1   |
| Cabagan, Isabela          | Cagayan Valley Medical Center                                  | 52.7                      | 10.7  |
| Cauayan City, Isabela     | Santiago City Health Office HIV/AIDS Action<br>Team (SCHO-HAT) | 41.1                      | 8.4   |
| Santiago City, Isabela    | Santiago City Health Office HIV/AIDS Action<br>Team (SCHO-HAT) | 1.3                       | 0.3   |

### **Location of Treatment Hubs**

### Results

| Residence of Client        | Nearest HIV Facility                                    | Average Distance<br>in km | Average<br>Distance in<br>Hours by<br>Walking |
|----------------------------|---|---------------------------|---|
| Antipolo City, Rizal       | Antipolo Social Hygiene Clinic                          | 9.7                       | 2.2   |
|                            | Marikina City Satellite Treatment Hub                   | 3.4                       | 0.7   |
|                            | Cainta Reproductive Wellness - Social Hygiene<br>Clinic | 7.3                       | 1.5   |
| Calamba City, Laguna       | Calamba Doctors Hospital                                | 5.1                       | 1.0   |
| Lucena City, Quezon        | Quezon Medical Center                                   | 1.8                       | 0.4   |
| Marilao, Bulacan           | RHU 1 Marilao Bulacan (Kanaryong Silungan)              | 0.7                       | 0.1   |
| San Jose City, Nueva Ecija | Guimba Community Hospital (Balay Ti<br>Namnama)         | 33.1                      | 6.7   |
|                            | Talavera General Hospital (Talavera's HOPE)             | 29.2                      | 5.9   |

### **Location of Treatment Hubs**

### Results

| Residence of Client     | Nearest HIV Facility                                       | Average Distance<br>in km | Average<br>Distance in<br>Hours by<br>Walking |
|-------------------------|--|---------------------------|---|
| Cebu City, Cebu         | Cebu City Social Hygiene Clinic                            | 3.3                       | 0.7   |
|                         | Vicente Sotto Memorial Medical Center                      | 1.9                       | 0.3   |
|                         | Visayas Community Medical Center (Balay<br>Malingkawasnon) | 1.9                       | 0.4   |
| Moalboal, Cebu          | Cebu Provincial Hospital - Carcar City                     | 46.0                      | 9.4   |
| Carmen, Davao del Norte | Davao Regional Medical Center                              | 19.3                      | 3.9   |

# **Checkpoints & Crossing Borders**

#### Results

• Some PLHIVs have to go to a different city/municipality or province to go to the nearest HIV facility.

| Residence of Client       | Nearest HIV Facility                                    | Average Distance<br>in km | Average<br>Distance in<br>Hours by<br>Walking |
|---------------------------|---|---------------------------|---|
| Moalboal, Cebu            | Cebu Provincial Hospital - Carcar City                  | 46.0                      | 9.4   |
| Los Baños, Laguna         | Calamba Doctors Hospital                                | 14.6                      | 3.0   |
| Sta. Rosa, Laguna         | Ospital ng Biñan  | 8.3                       | 1.7   |
| Bay, Laguna               | San Pablo Social Hygiene Clinic                         | 20.1                      | 4.2   |
|                           | Calamba Doctors Hospital                                | 20.9                      | 4.2   |
| Taytay, Rizal             | Cainta Reproductive Wellness - Social Hygiene<br>Clinic | 3.8                       | 0.8   |
| Urdaneta City, Pangasinan | Region 1 Medical Center                                 | 27.9                      | 5.7   |

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|----------------------------|--|---------------------------|---|
| Cabagan, Isabela           | Cagayan Valley Medical Center                                  | 52.7                      | 10.7  |
| Cauayan City, Isabela      | Santiago City Health Office HIV/AIDS Action<br>Team (SCHO-HAT) | 41.1                      | 8.4   |
| Carmen, Davao del Norte    | Davao Regional Medical Center                                  | 19.3                      | 3.9   |
| Antipolo City, Rizal       | Antipolo Social Hygiene Clinic                                 | 9.7                       | 2.2   |
|                            | Marikina City Satellite Treatment Hub                          | 3.4                       | 0.7   |
|                            | Cainta Reproductive Wellness - Social Hygiene<br>Clinic        | 7.3                       | 1.5   |
| San Jose City, Nueva Ecija | Guimba Community Hospital (Balay Ti<br>Namnama)                | 33.1                      | 6.7   |
|                            | Talavera General Hospital (Talavera's HOPE)                    | 29.2                      | 5.9   |

## **Checkpoints & Crossing Borders**

- Some PLHIVs are not comfortable disclosing their HIV status at checkpoints to be allowed to enter the area where their treatment hub is.
- Some PLHIVs are worried that people securing the checkpoints will not understand their health condition. Some are worried they might be discriminated against when they disclose their HIV status at checkpoints.

### Verification

#### Results

• Some PLHIVs do not have ARV booklet or confirmatory result which are being asked from them by their employer or treatment hub. This makes it difficult for them to access ARV refill.

# **Stock of ARV Drugs**

- No stock of Isoniazid Cotrimoxazole azitro and vitamins at Region 1 Medical Center
- No stock of Efavirenz at Las Piñas Social Hygiene Clinic.

## **Psychosocial Support**

Results

• Some PLHIVs experience anxiety and depression, with no psychosocial support available.

# **Employment**

- One PLHIV reported that their employer, who knows their HIV status, told them that they won't help them with their expenses if they get diagnosed with COVID-19.
- Some PLHIVs report that they do not have enough income. Some of them have jobs, but their companies employ a "no work, no pay" policy.

### **Financial Assistance**

- Some PLHIVs experience problem in paying for their PhilHealth contribution, given the employment issues some of them face.
- A person living with HIV who has a disability and is currently unemployed is requesting for financial assistance for their medicines.
- Some PLHIVs require financial assistance for delivery of ARV refills, food, and other essential needs.

### **Other Concerns**

- Some PLHIVs want to know whether they are at a higher risk with COVID-19. Is HIV infection a pre-existing condition in relation to COVID-19? Is the recovery rate of PLHIVs the same with the general population?
- There are reports from PLHIVs that stock of certain ARV drugs in some treatment hubs is running low.
- Some PLHIVs are asking if it is possible to have their refill for two months, instead of one, when going to their treatment hub.
- Some PLHIVs who live alone and in places with no kitchens have no access to healthy food.
- PLHIVs who are OFWs are unsure where they can get treatment when they come home to the Philippines.
- One PLHIV reported that TMC i-REACT is not allowing them to have their ARV refill delivered through courier services.

### **General Recommendations**

- Ensure that local government units are able to extend their transportation services to people living with HIV going to an HIV facility for ARV refill.
- Provide additional transportation/delivery assistance to patients whose nearest HIV facility are outside their province or those that are too far from their residence, such as facilities that are around 10 km or 2 hours by walking from their residence.
- Coordinate with PNP and AFP to ensure that people living with HIV are allowed entry at checkpoints when going to an HIV facility for ARV refill. Additionally, DOH can provide guidelines to PNP and AFP to guarantee that privacy and rights of people living with HIV are respected at checkpoints.

### **General Recommendations**

- Ensure that ARV medicines will be available across all HIV facilities despite the enhanced community quarantine being implemented.
- Extended accessible psychosocial support services to people living with HIV during the COVID-19 pandemic.
- Coordinate with DSWD regarding assistance needed by people living with HIV in the time of COVID-19, such as food, medicines, other essential supplies, and financial assistance.
- Disseminate information on HIV and COVID-19, FAQs for people living with HIV and accessing treatment in the time of COVID-19, and how to protect one's mental health during community quarantine.



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