

# CLEAN

GENERATION TOK

Issue 3  
Tok Pisin

LIK LIK BUK



LECRAE

CLEAN GEN VIBES

Do You know the  
Astingting bilong Kantri na  
ol Sampela Tingting i Soim  
we long Gohet

PNG EM I  
WANEM?

YOUNG TALK

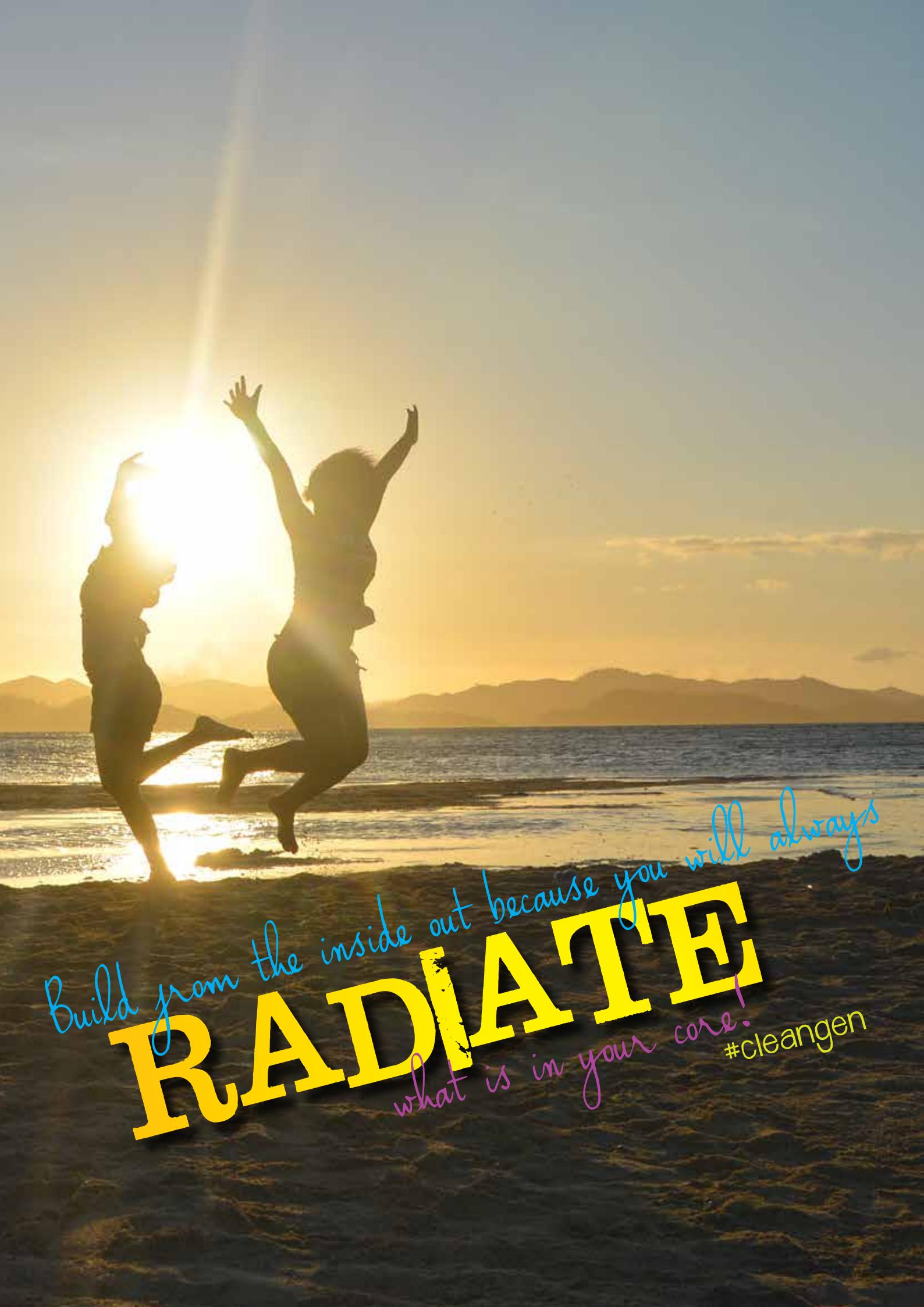
11 Global  
Gols

NIUPELA KAIN  
TINGTING  
YUMI TOK TOK LO STARS

TOKIGO PAS LONG

# Sustainable Development





Build from the inside out because you will always  
**RADIATE**  
what is in your core! #cleangen

# quick fix What's Inside

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# HEY THERE!

Em namba 3 buk bilong mipela na insait long dispela em olgeta samting long Sastenabel Development -developmen i gohet longpela taim. Em bikpela salens bilong kantri bilong yumi nau, olsem yumi laik go het tasol planti nupela tingting na pasin i kam long ol narapela kantri. Na tu, i gat ol kain kain sans long painim wok insait long ikonomi bilong yumi. Dispela kain go het em wanpela samting mipela hia long "The Voice Inc." i gat strongpela tingting long en na mipela hamamas long tok tenkyu long "PNG Strategy for Responsible Sustainable Development (StaRS)" long givim sapot long dispela buk.

Dispela kain developmen (i gohet longpela taim) em i no wanpela kain developmen we yumi lukautim graun na envaironenmen bilong yumi tasol. Em tu karapmapim ol kain kain samting bilong kantri olsem ikonomi na pasin bilong bilong yumi yet.

(Lukim tok klia long as bilong dispela samting "Sustainable Development" aninit long "Clean Generation" Tok).

Antap long dispela "Tok i go pas long Dvelopmen i Gohet Longpela Taim" na "Toktok Yumi Mekim Olgeta Taim", mipela bai autim sampela narapela tingting long wanem samting i ken halivim kantri bilong yumi. Na dispela samting ol yangpela PNG lain i mas save gut long ol. Na yumi bai stat wantaim ol "Astingting bilong Kantri na ol Sampela Tingting i Soim we long Gohet".

Mipela laikim olsem dispela tingting bai halivim yupela olgeta long kamapim nupela tingting long wanem samting em PNG? Na tu, yumi mas senisim tingting bilong yumi long painim ol rot long stretim kantri bilong yumi.

Rit gut na hamamas. God blesim yupela.

Happy reading & God bless!  
Tim "Clean Generation" i tok



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## clean gen toktok

### Sustainable Development

Wanpela tok klia long dispela "Sustainable Development" em stap insait long wanpela ripot ol i kolim "Our Common Future", na sampela kolim "The Brundtland Report". Em olsem:

"Sustainable Development" em i wanpela kain developmen we ol manmeri i ken kisim nid bilong ol, tasol dispela ol nid bilong nau em bai no inap bagarapim laip bilong ol narapela lain bihaintaim. Tingim dispela! Sindaun wantaim dispela!

# Think it! Live it! **Makim Em!**

Pasin bilong makim

Astingting bilong ol "Clean Generation" Kempein em long kirapim ol yangpela lain long kamap strongpela, trutru na stretpela.



## **WANEM i KAMAP LO 2015?**

Insait long 2015, The Voice Inc, strongim piksa bilong ol long ronim ol skul, ol i kolin "Skul patna program". Dispela program i laik kamapim toktok bilong "Clean Generation" Kempein, na ol skul nabaut i kisim tanget long bung wantaim.

Insait long 2015, 4-pela skul insait long NCDC i bungim mipela;  
PNG Paradise High School,  
St. Charles Lwanga Secondary School,  
Jubilee Catholic Secondary School,  
Gerehu Secondary School.

Ol sumatin kisim skul long strongim pasin bilong ol long staim ol i go het na halivim kantri bilong yumi long kamap strong. Insait long 2016, mipela bai bungim ol sampela skul insait long hap long Momase, Sauten na Hailans.

## **BIKPELA WOK BILONG OL SKEMPEINM**

Mipela bilip olsem i gat ol yangpela lain insait long PNG na ol gat narakain tingting. Ol i gat strongpela bilip long lukim senis kamap insait long kantri bilong yumi na long olgeta kantri. Stori bilong ol tumbuna i tokim yumi ol yangpela lain i gat pawa na taim ol i bung wantaim ol i ken mekim bikpela senis kamap. Mipela i bilip olsem sapos ol i wok wantaim ol yangpela lain bai i ken halivim long stretim ol wari na birua i kamap we sampela i laik pait, sampeala i no gat haus, sampela i les long gohet. Dispela Bikpela Wok em i strongpela tru bilong wanem ol yangpela lain i kirapim na ol yet i wokim i go i go. Na planti tausen ol yangpela i bin autim tingting bilong ol long yusim laip bilong ol long soim nupela rot long ol narapela lain na senism tingting bilong ol.



# WOK BILONG "CLEAN GENERATION" 2016

Redim yupela yet long 2016! Mipela kisim "Clean Generation" i go antap tru long dispela yia insait long 3-pela hap bilong mipela, Pot Mosbi, Lae na Goroka. Lukaut long mipela, The Voice Inc., long Facebook o Twitter na painimaut long ol wok na Campus movements bilong "Clean Generation". Bikpela bung mipela wokim bai kamap na mipela bai tokautim olgeta long wok bilong mipela. Na mipela bai givim aut ol kain kain samting.



## SANAP NO TOKTOK

I gat planti rot we yupela i kenbihainim dispela "Clean Generation" Kempein. Sapos yu ritim dispela liklik buk em nau, yu sanap! I gat ol narapela wei long wok wantaim dispela kempein. Mipela bai yusim Facebook na Twitter tu long #PNG16to16th kempein, na dispela kempein bai toktok long ol wanem kain pasin bai halivim PNG long go het. Dispela bai stat long Septemba 1-16. ... NA ... mipela i gat sampela bung bai kamap long UOG, UPNG na PNGUOT. Mipela bai hamamas long lukim yupela tu!





"Long tingting bilong mi, PNG em wanpela kantri i wok yet long go het. PNG em Indipenden na ples em naispela tru, na tu ples bilong yumi i no bagarap na i gat planti ol samting antap long graun na aninit long graun. Long kamap mangi PNG, yu no nid long bon long hia. Em min olsem yu mas HAMAMAS na TINGTING STRONG long dispela kantri. Em orait sapos yu kam long wanem kain ples o wanem kain wok, sapos yu tok olsem yu hamamas na tingting strong long dispela kantri, em nau, yu wanpela mausman o mausmeri bilong PNG."

John Bailey Tominde, 18



"Ol manmeri na God, bilong wanem? Em long wanem dispela em Kristen Kantri, na mipela ol PNG mipela ol sitisen na hamamas long bilong long dispela kantri. Mipela ol hamamas long stap long PNG, long wanem mipela i gat planti ol samting moa long ol narapela kantri insait long Pasifik."

Madeline Fo'o 20, Gulf

"Papua Niugini em wanpela kantri we God blesim yumi na i gat planti ol samting. Na tu, yu bai lukim ol kain kain manmeri na kain kain kastom bilong ol i winim ol planti narapela kantri. Na ples bilong yumi i gat planti ol samting na ol lain bilong yumi tu i smat tru na ol save long planti samting."

Papua Niugini em wanpela kantri we ol samting i kamap long graun stret na i tru tru tasol. Ol samting i kam long graun, na ol manmeri long hia tu i tru tru, na ples bilong yumi i naispela stret long Hailans i go inap long ol Ailan.

PNG em wanpela kantri i gat strongpela as na pasin tumbuna bilong en. I gat planti ol kain kain samting insait long PNG we yumi ol PNG lain na ol lain bilong arasait tu i no save yet. Na dispela kantri bai wok wantaim long go het. PNG em gutpela hap long tingting strong long en insait long long lewa bilong mi, na mi hamamas long kantri bilong mi, em ples bilong mi."

Liberty Joku, 15, West Papua, Western Highlands & Madang



Toktok bilong Yut em we Yupela ol yangpe-la lain i ken autim toktok na bekim kwesten bilong mipela. Insait long dispela liklik buk mipela askim **"PNG em i wanem?"**

"Na PNG em wanem samting? Aiting PNG mi ting olsem em wanpela ples we lewa bilong mi stap na haus bilong mi stap."

Francisca Raphael, 19,  
Morobe & East New Britain

"PNG em i narakain ples olgeta long wanem i gat ol kain kain kastom long ples na manmeri na tu i gat ol planti kain plaua na animol we i no gat dispela ol samting long ol narapela kantri."

Miranda Habuka,  
17, Manus



PNG em PAPUA NIUGINI. 2-pela wod em nem bilong kantri na dispela 2-pela wod em makim yumi husait. Lukluk gut long yumi yet na yu bai save long tingting bilong mi olsem yumi olgeta em ol Papua Niugini (Hailan o Ailan). Long kamap mangi Papua Niugini, em moa long mama em karim yu long hia. Na tu yu mausman o mausmeri bilong ol wantok long ples stret bilong yu, long Provins bilong yu, na long kantri bilong yu. Em ol samting bilong "famili" na kastom bilong yumi, ol i kolim "Melanesian Way". Mi hamamas tru mi man bilong Papua Niugini. Mi tingting long ol lain bilong taim bipo ol kam long ol narapela kantri na painim yumi long hia na tu ol lain bipo ol raitim "Mama Lo" bilong yumi. Na mi tingting long ol lain tude husait i wok long kamapim kantri bilong yumi na dispela stori bilong PNG em i bikpela samting. Yu mas tingting long taim bipo na skelim wantaim yumi tude na em klia yumi nau em kisim planti bikpela senis na kamap strong nau. Mi pilim hamamas tru long dispela. Mi hamamas long kastom bilong yumi na tu long ol hamas kain kain kastom i stap. Mi hamamas long ol taim tumbuna bilon yumi na stori bilong yumi long kamap strong nau. Mi hamamas long pasin bilong yumi nau na rot yumi bihainim long go het. Mi kam long "land of the unexpected" em wanpela ples i gat 800 kain tokples, planti ol samting stap long bus na aninit long graun na dispela ples bilong yumi em i wankain. I no gat narapela ples olsem PNG. Mi man bilong Papua Niugini!"

Trevor Miles, 19, Central Province & AROB



## ONA

ONA em wanpela pasin yumi gat bilip long en long halivim nesen bilong yumi long gohet. Yumi onaim taim bipo na ol bikpela wok ol papamama lain tumbuna i bin mekim long kamapim nesen bilong yumi. Taim yumi onaim taim bipo, yumi kirapim bel wantaim long wanem samting bai kamap bihain we ol nupela lain bai sanap na kamapim nesen bilong yumi. God blesim PNG! #PNG16to16th #cleangen #pngemmiyah



As bilong dispela PNG 16 i go long 16 Facebook Kempein em long tokautim olgeta lain long pasin na bilip mipela i got long halivim nesen bilong yumi long go het. Em bai stat long Septemba 1i go inap long 16.

# NIUPELA KAIN

TOK I GO PAS LO STARS

TINGTING

STRATEGY FOR RESPONSIBLE SUSTAINABLE DEVELOPMENT



Las taim insait long "Clin Generation Tok" liklik buk, Barbra Thomas em soim yumi olsem "Gutpela Dvelopmen" em i wanem samting? Em soim yumi wanem samting em bin toktok taim em sanap long Alotau long 2014 na statim program bilong "Rot bilong gutpela dvelopmen i gohet longpela taim". Na long hia mipela bai skelim gut wanelpe pepa ol i kolim StaRS (Minista bilong Nesenel Plenin na Monitorin, Hon. Charles Abel em i autim dispela pepa). Dispela Minista em givim strongpela sapot long lukautim "Nupela kain tingting" insait long wok gohet bilong PNG.

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Papua New Guinea em wanelpe kantri we yumi kisim bikpela sanis long kamapim ol samting antap long na aninit long graun long halivim ol lain bilong kantri.

Tasol, gavman bilong yumi i no hamamas long rot bilong dvelopmen yumi mekim tude. Na insait long olgeta kantri tude, olgeta manmeri na ol nesen i gat planti ol wari. Olgeta i painim ansa. Ol painim ansa long ol kain kain wari olsem: planti lain tumas na nogat spes na kaikai long ol; senis long win, san na ren i kamapim birua; nid long painim ol nupela kain pawa; nid long painim wara; nid long painim kaikai; na

planti pis i lus pinis na ol narapela birua.

"Wok bilong man em bagarapim olgeta samting, na bihaintaim dispela ol bagarap bai mekim hat long yumi olgeta long sindaung gut," em toktok bilong Nesenel Plenin na Monitorin Minista Charles Abel.

"Na sapos yumi tingim dispela, olsem wanem bai yumi insait long PNG stretim dispela ol wari?"

"Olsem wanem bai yumi painim rot long painim ansa long olgeta kantri, tasol yumi wantaim i mas stretim ol wari insait long kantri bilong yumi yet na kamapim ikonimi na givim ol nupela sans long ol wantok bilong yumi."

Gavman bilong O'Neill-Dion em stat bihain long nesenel ileksen long 2012 na dispela gavman em skelim rot long kamapim nupela wei long stretim ol wari bilong kantri. Dispela rot long kamapim dvelopmen em karamapim ol astingting na tingting long painim stretpela rot bilong kamapim dvelopmen i gohet longpela taim. Gavman i bin askim Depatmen bilong Nesenel Plenin na Monitorin long kamapim wanelpe plen long kamapim dispela "PNG Strategy for Responsible Sustainable Development" ol i kolim StaRS. "Namba wan as insait long StaRS em ol stretpela pasin, na dispela wok em samting bilong nesenel levil insait long olgeta hap graun." Abel em tok. "Na tu em samting bilong wanwan manmeri, na olsem wanem yumi ol wanwan halivim kantri bilong yumi tu."

"Yumi mas biahnim Mama Lo, Kristen Pasin na pasin bilong kamapim developmen i gohet longpela taim long kamapim ol plen bilong yumi."

Depatmen bilong Nesenel Plenin na Monitorin skelim ol divelomen plen bilong yumi na dispela skelim em karamapim Vision 2050, Development Strategic Plan (DSP) 2010 to 2030 na Medium Term Development Plans (MTDP).

Yumi olgeta i save olsem as bilong Vision 2015 em long halivim yumi ol PNG long kamap savelain, hammas na fit long wokmoni taim 2050 i kamap. Na dispela DSP bai stiaim

ing na stretpela kain developmen." StaRS em wanpela piksa long soim rot long mekim ol pasin na tingting bilong ol stretpela developmen i sapotim kain developmen bilong yumi long ol samting antap long na aninit long graun, olsem: ol diwai, ol pis, nupela kain pawa, na tu painim rot long lukautim planti manmeri tumas.

Wanpela piksa long kamap bilong dispela StaRS plen insait long gavman dipatmen i lukautim ol diwai, em long tambuim ol long salim ol diwai i lusim PNG. Narapela piksa em long daunim nid bilong yumi long yusim wel na ges na senisim wel bilong kokonus i kisim ples bilong oil na ges.

na skelim Kristen bilip bilong yumi long stiaim developmen bilong yumi.

Dispela rot long kamapim developmen long olgeta hap graun em luk olsem planti manmeri i gat laik long kisim planti moni, na ol i no wari tumas long lukautim graun na ol manmeri. Na dispela em kirapim tingting long yumi olsem biahntaim yumi olgeta bai biahnim dispela pasin we ol wanwan manmeri bai traim long kisim planti moni o ol narapela samting i wankain.

Gohet bilong yumi em mas biahnim piksa yumi yet kamapim long rot bilong stiaim kantri. Yumi mas skelim pasin na bilip bilong yumi long wanem kain ikonomi yumi laikim na wanem wei long lukautim ol manmeri, na dispela bai halivim olgeta manmeri long kantri bilong yumi. Olgeta manmeri bilong Papua Niugini i mas tingting strong long ol samting bilong yumi olsem: wara, ol diwai, ol kaikai long gaden na ol pis – olgeta samting bilong yumi long halivim PNG i ken go het. StaRS em strongim bilip bilong yumi long tingting long ol wei long kamapim

## TISPела STARS SENIS EM WE YUMI KEN SKELIM YUMI YET, NA SKELIM MAMA LO, NA SKELIM KRISTEN BILIP BILONG YUMI LONG STIAIM DIVELOPMEN BILONG YUMI.

yumi bai kamap stongpela nesen i gat moni taim 2030 i kamap. Dispela MDTP em wanpela 5 yia plen long stiaim gavman bilong yumi long kamapim gutpela plen long yusim moni bilong kantri.

"Ol bikpela astingting em klia na no gat wanpela man bai tok pait long dispela," Minista Abel em tok. "Wanem samting yumi mas stretim em olsem: rot long kamapim dispela ol bikpela astingting na tu em ol plen-

No gat narapela kantri i winim yumi long dispela kain nesenel developmen. Tasol, wankain ol narapela bikpela senis, em bai kamap sapos olgeta manmeri bilong PNG i sanap na wokim, na dispela olgeta manmeri em ol lida, komyuniti memba, famili na wanwan manmeri. Bihain long dispela, yumi ken kamapim wanpela strongpela nesen.

Dispela StaRS senis em we yumi ken skelim yumi yet, na skelim Mama Lo,



# HOLD UP!

Here are a few terms of acronyms that you may come accross as you read.

## Vision 2050

The Papua New Guinea (PNG) Vision 2050 is an idealistic document that reflects the aspirations of the people of Papua New Guinea and what the government hopes to achieve by 2050 in terms of socioeconomic development and of becoming a wise, smart, healthy and happy society.

## DSP – Development Strategic Plan 2010-2030

Em wanelpa plen long rot long kamapim Vision 2050.

## MTDP – Medium Term Development Plan

MTDP em ol plen i kam long DSP long kamapim Vision 2050.

## The Human Footprint or Ecological Footprint

Dispela em ol hamas wara na graun yumi nidim long mekim wok, kamapim kaikai, na rausim ol pipia bilong yumi. Em wanelpa skel i makim hamas graun yumi bai yusim.



## BETTY HIGGINS: Mt. WILHELM TROUT FARMER

Betty Higgins em ol komuniti bilong Mt.

Wilhelm i save kolin em "Mama Betty". Na Mama Betty em save strongim tingting bilong planti manmeri long ples. Ol lain bilong en save laikim em bilong wanem em wokhat long kamapim agrikalsa i strongpela, na em kamapim stretpela pasin bilong lukautim ol turis. Na tu em statim wanelpa ples bilong lukautim traupis bilong kamap kaikai. Long 1991, Betty em statim dispela ples long lukautim traupis. Em tingting olsem wara long hap em no hat tumas na em bai gutpela bilong ol traupis long kamap bikpela kwiktaim. Dispela em stat bilong "Mt

Wilhelm Trout Farm". Ol bisinis tingting bilong Betty nau em givim sans long ol lain long Mt. Wilhelm long kisim wokmoni. Na dispela ples em longwe liklik. Ol lain long hap i bin kisim moni na winim gutpela sindaun. Dispela hap em klostu long "Betty's Lodge" em wanelpa hap we planti ol lain save slip bipo ol i wokabaut antap long Mt Wilhelm. Na dispela ples bilong lukautim traupis em i gat sampela wari tasol em i go het yet. Em ol kain kain wari olsem painim kaikai bilong pis em hatwok, na gavman tu em mekim hat long baim kiau bilong pis, na tu, taim ol traupis i bikpela, em hat liklik long salim ol.

Betty em laik mekim "Mt Wilhelm Trout Farm" i kamap skul bilong soim ol narapela long mekim dispela wok.

moni bilong kantri na strongim sindaun bilong yumi we i no bagarapim graun bilong yumi.

Em i no samting bilong gavman tasol. Olgeta manmeri i stap aninit long dispela StaRS plen, na wanelpa nesenel kempein nau ol i bin statim em bai soim yumi bilong wanem yumi mas senisim rot bilong yumi na painim nupela, stretpela pasin long go het longpela taim.

Astingting bilong dispela kempein em long askim yumi olgeta long wok wantaim long halivim kantri bilong yumi. Dispela kempein ol i kolin PNG EM MI YAH!

StaRS bai wok gut sapos yumi olgeta bihainim dispela plen stret. Yumi hamamasim kantri bilong yumi long 40 yia nau we yumi kisim Independens, na long dispela taim yumi mas skelim rot long gohet. Nau yumi bai bihainim nupela rot long painim divelopmen, na yumi bai kamap lida long dispela pasim na halvim ol nid bilong narapela kantri tu.

Ples bilong yumi em narakain olgeta na no gat narapela kantri i wakain. Yumi olgeta i gat wok long halivim kantri bilong yumi long kamap namba wan kantri long olgeta hap graun. Yumi mas raunim han na holim ol stretpela pasin bilong yumi long kamapim wanelpa nesen we yumi i ken hamamas lon en.





## CLEAN GEN SALENS

Ol yangpela lain insait long Wok bilong Clean Generation bai wokabaut i go antap long dispela namba wan maunten long PNG biahin long 2016. Sais bilong dispela maunten em bikpela tru, olsem 4,509 metres (14,793 ft). Mt. Wilhelm em i bikpela moa long ol narapela maunten insait long Papua Niugini. Em stap insait long ol Bismark Maunten na antap long en em stap namel long 3-pela provins, Simbu, Westen Hailans na Madang i bung wantaim.

Antap stret ol i kolin Enduwa Kombuglu long Kuman tokples.

Lukluk bilong 2-pela naispela wara ol stap namel long wokabaut i go antap long maunten.



# 2016 NATION BUILDERS CONFERENCE

The Voice Inc. i gat wapelala program ol i kolim Leadership Development Program (LDP),

The Voice Inc. i bin kamapim wapelala bung ol i kolim Nation Builders Conference (NBC), em stat long 15 inap long 21 Janueri 2016. Na dispela bung i pulim ol sumatin i wokim levol 3 bilong The Voice Inc.'s LDP long Yunivesiti bilong PNG (UPNG), na long PNG Yunivesiti bilong Teknologi (UNITECH) na ol yangpela lain i kam long wapelala yut grup, ol i kolim Oaktree.

NBC em namba wan bung bilong Voice Inc's LDP, na em bilong strongim ol sumatin long ol Yunivesiti long kamapim dispela Clean Generation Kempein. Em bai strongim ol lida pasin, na askim ol long autim tingting bilong ol long polisi na tu em bai strongim pasin bilong ol long wok wantaim ol narapela insait long tim. Em bai strongim tingting bilong olgeta sumatin long olgeta Yunivesiti long wok wantaim.

Patron bilong dispela bung em Dame Meg Taylor, Sekretari Jeneral bilong Pacific Islands Forum Secretariat. Em sanap na givim Het Tok long dispela bung insait long State Function Room long Nesenel Parliamen Haus. Em toktok long olsem wanem ol astingting bilong ol yangpela lain i stap em wanbel wantaim 5-pela astingting bilong ol lida bilong Pacifica long 2015 Pacific Island Forum long Port Moresby.

"I gat nupela kain strong i stap insait long Clean Generation nau. Mi lustingting liklik long toktok bilong ol lain i laik strongim nesen bilong yumi, na ol astingting bilong ol, na ol astingting bilong ol em wanbel wantaim ol 5-pela astingting bilong ol Pasifik lida i bin tok long



Septemba (2015) taim ol kam bung.

Climate change, climate migration, climate refugees, policies to make sure people who are refugees are protected and issues of self determination for West Papua are very apparent in the thoughts of these young people," Dame Meg Taylor em tok.

Joshua Sialis em yia 3 sumatin bilong Ikoniks long UPNG em mausman bilong ol bung lain. Na em ritim ol pinis tok i kam long ol lain i stap long Parliamen State Function Room.

Wapelala toktok em tingting gut long ol nid long painim ol lida i gat stretpela na klia tingting we ol inap senisim tingting na kirapim bel bilong ol manmeri long kantri. Ol laikim ol lida bai i mas wok hat long strongim ol liklik ples long bus, em tok olsem:

"Mipela luksave olsem ol manmeri bilong yumi em wapelala mak bilong strong bilong nesen bilong yumi, na olsem, mipela i bilip yumi mas strongim ol liklik bus ples long halivim olgeta hap bilong kantri long go het. Long halivim dispela bilip long kamap tru. yumi nidim ol strongpela lida husait i gat strongpela tingting na bilip, na husait bai wok hat na wok tru."

Lukim ol pinis tok bilong Nation Builder Conference long sait na pilim toktok insait long neks Clean Generation Tok.

Na painimaut long wanem ol nupela samting i kamap insait long The Voice Inc. na tu long Clean Generation Kempein. Lukim mipela online:





Dispela Leadership Development Program em i wanpela 3 ya program The Voice Inc. ol ronim long kamapim ol lida bilong Clean Generation Movement.

Sapos yu laik kisim sampela moa toksave long The Voice Inc's LDP na dispela Nation Builders Conference go long websait bilong mipela em: [www.thevoiceepng.org](http://www.thevoiceepng.org)

## PINIS TOK I KAM LONG 2016 NATION BUILDER CONFERENCE

Mipela, ol yangpela lain bilong dispela nesen, i bilip olsem: sapos yumi laik mekim gutpela sindaun bihaintaim we em bai go yet, yumi mas strongim developmen bilong olgeta wanwan manmeri long PNG. Dispela em mas namba wan astingting stret long givim sans long olgeta manmeri long kamap strong.

Mipela luksave long bikpela wok bilong ol famili long skulim ol yangpela long bihainim stretpela pasin, na olsem mipela bilip olsem ol famili i mas laikim na rispektim ol yet, na ol famili yet i mas bihainim stretpela pasin long skulim ol yangpela long bihainim tu na kamap stretpela lain.

Mipela laik lukim wanpela kantri i kamap bihaintaim we i no gat ol lain i bel hat na pait insait long haus na komyuniti. Mipela lukim wanpela nesen we ol lida i save gut long bihainim stretpela pasin na sapotim Lo na ol Rait bilong olgeta manmeri olsem Mama Lo bilong yumi i tok.

Mipela i bilip i bai gat wanpela kantri i kamap bihaintaim we olgeta manmeri bai wok wantaim long halivim dispela nesen long kamap strong. Mipela laik lukim ol yangpela i givim wok bilong ol long halivim komyuniti, kantri na bikpe-la komyuniti long olgeta hap graun.

Mipela tingim wanpela kantri bihaintaim we ikonomi bilong yumi em strong long sapotim yumi olgeta, na dispela ikonimi em lukautim graun na ples stret. As bilong dispela ikonomi bai kam long ol diwai, ol pis, wara, na ol liklik bisnis (SME).

Mipela llukim wanpela kantri i kamap bihaintaim we ol moni bilong nesen bai halivim olgeta manmeri long kisim skul na kisim gutpela sindaun, na i no sampela bikman tasol i kisim ol moni.

"Mipela luksave olsem ol manmeri bilong yumi em wanpela mak bilong strong bilong nesen bilong yumi, na olsem, mipela i bilip yumi mas strongim ol liklik bus ples long halivim olgeta hap bilong kantri long go het. Long halivim dispela bilip long kamap tru. yumi nidim ol strongpela lida husait i gat strongpela tingting na bilip, na husait bai wok hat na wok tru."

Dispela ol lida i mas sanap na bihainim ol as na bilip i stap aninit long Mama Lo bilong yumi, na ol mas putim nid bilong nesen i kam antap long nid bilong ol yet. Na tu, ol mas sanap long skel bilong ol manmeri bilong Papua Niugini na long skel bilong ol kot na narapela kain organaisesen i lukautim lo bilong kantri.



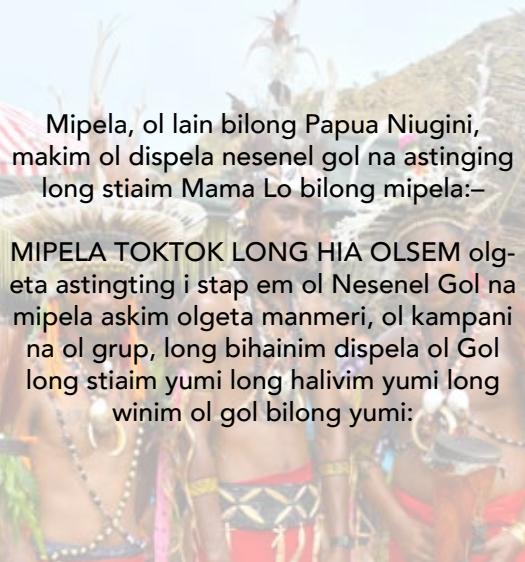
# NATIONAL GOALS & DIRECTIVE PRINCIPLES



1

## INTEGRAL HUMAN DEVELOPMENT

Mipela makim namba wan Gol em olsem: olgeta manmeri i mas i gat sans long sanap fri na i no gat wanelia i banisim ol, na olsem olgeta meri na man bai i gat sans long kamap strong na strongim olgeta hap (bodi na het) bilong ol yet wantaim ol narapela.



2

## EQUALITY AND PARTICIPATION

Mipela makim namba 2 Gol em olsem: olgeta manmeri i mas i gat sans long wok na halivim kantri i gohet, na kisim gutpela sindaun i kam wantaim dispela gohet.



3

## NATIONAL SOVEREIGNTY AND SELF RELIANCE

Mipela makim namba 3 Gol em olsem: Papua Niugini em makim gavman bilong ol yet, na ikonomi bilong yumi em yumi yet i bosim. Em olsem, yumi inap lukautim yumi yet.



4

## NATIONAL RESOURCES AND ENVIRONMENT

Mipela makim namba 4 Gol em olsem: Ol samting i kam antap long na aninit long graun yumi mas lukautim ol na yusim ol long halivim yumi olgeta, na ol mas stap yet bilong ol yangpela lain i kam bihain.

5

## PNG WAYS

Mipela makim namba 5 Gol em olsem: long strongim ikonomi, gavman na ol manmeri, yumi mas yusim ol pasin bilong Papua Niugini long kamapim dispela kain divelopmen.



Dispela stori i kam bihain em long Value Driven Sustainability na em Namba wan Diarekata bilong The Voice Inc, Barbra Thomas (ol i kolin Barbz) em em raitim. Barbz em wapelala meri em tokaut strong long sapotim Sustainable Development (Tok i go pas long Developmen i Go-het Longpela Taim). Em winim skul long Environmental Science, long UPNG. Em autim tingting bilong en long Sustainable Development em wanem samting, na em tingting tu olsem divolopmen em kam long pasin na bilip bilong yumi..

# VALUE DRIVEN SUSTAINABILITY

By Barbra Thomas

Taim mi liklik, mi tingting gut long taim mipela wokim paiai na sindaun klostu klostu long dispela paia na kukim kon mipela i bin kisim long gaden. Na mipela harim ol stori bilong famili taim mipela sindaun. Plantia yia mi bin harim ol dispela stori na mi hamamas long strong bilong ol lain bilong mi.

Hamas tausen yia mipela lukautim na bosim graun, na save gut long ol planti samting. Mipela sindaun gut wantaim graun bilong yumi. Mipela bin kamapim ol narapela kain komyuniti na em dispela em kamapim ol kain kain tumbuna pasin na kastom yumi save mekim.

Em Sir Bernard Narakobi (em indai pinis), insait long buk bilong em 'Melanesian Way' em tok; "A long time ago, our people discovered the secret of life — live well, love well, have something good for every person and die a happy death"

Tumbuna bilong yumi ol save long skelim we bilong yusim graun na rispektim dispela skel bilong yumi na graun bilong yumi. Ol lida bilong yumi ol rispektim tingting bilong ol manmeri na ol tingting gut long graun taim ol i mekim desisin bilong ol.

Yumi long Papua Niugini i gat ol planti kain kastom na bilip, tasol yumi tu i gat ol sampela bilip i wankain. Dispela ol pasin, bilip na tingting yumi i gat em ol as bilong sustainability, we olgeta wok long wanwan dei em wok bilong olgeta long lukautim graun, komyuniti na ples bihaintaim.

Bipo long Independens long 1973, ol papa bilong kantri i bin raun long olgeta hap long kantri long painimaut ol tingting bilong planti lain long wanem ol i bilip em ol astingting bilong nesen bilong yumi. Na dispela ol papa bilong kantri i bin yusim dispela tingting bilong ol long kamapim ol 5-pela Nesenel Gol na astingting long stiaim Mama Lo bilong yumi, na em ol:-

- Integral human development
- Equality and participation for all
- Enhancement of national sovereignty and self-reliance
- Responsible management and use of natural resources for environmental sustainability, and
- The Papua New Guinean Ways

Mipela tingting planti taim mipela kisim Independence; na mipela lukim rot long go het we em i bihainim ol stretpela pasin na lukautim graun, na bihainim ol bilip bilong Papua

Niugini. Tasol mipela lusim dispela rot liklik na painim ol nupela rot we ol i no save lukautim graun na ples.

Long 2009, Grand Chief Sir Michael Somare, em statim wanpela bikpela askim long planti lain olsem bipo, taim ol i raitim Mama Lo. Em laik kamapim nupela lukluk bilong kantri. Inap long dispela taim, PNG i bin gat planti

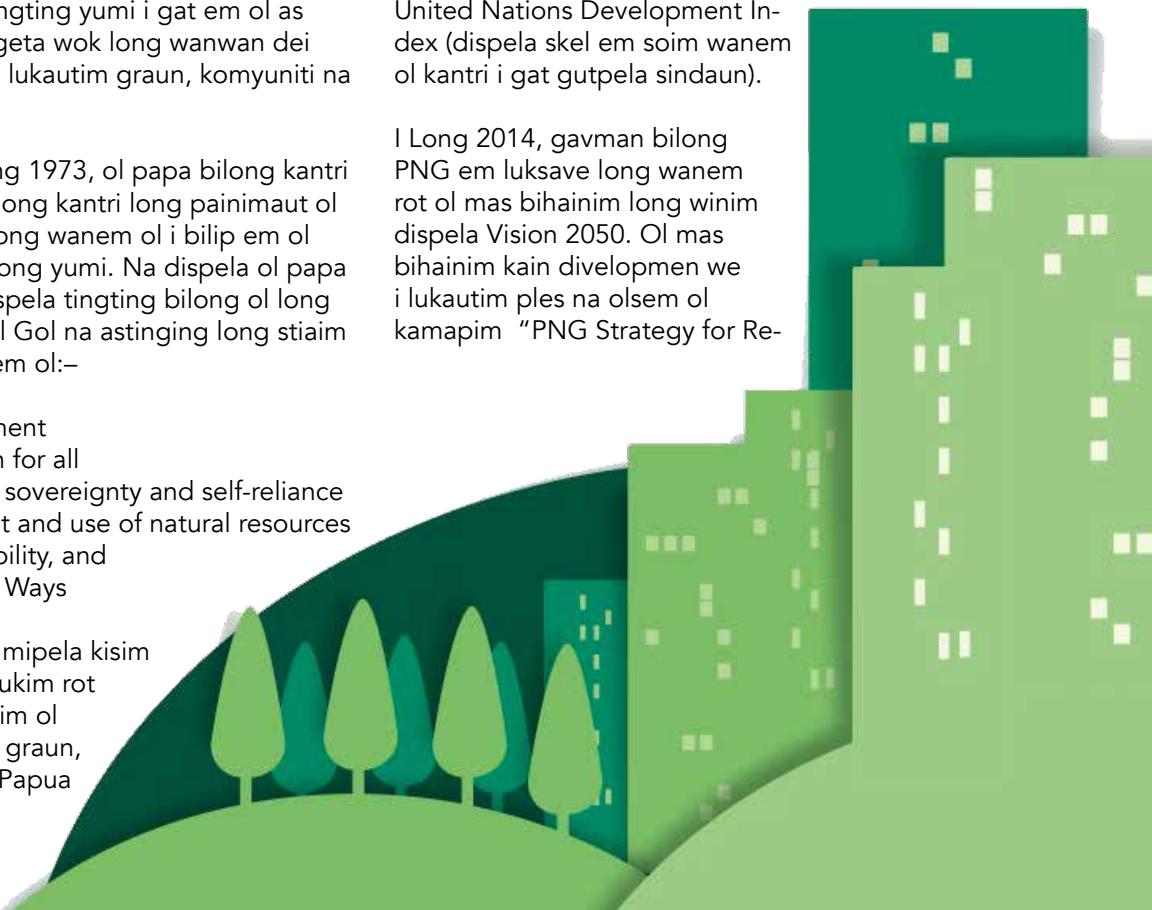
**"A long time ago, our people discovered the secret of life — live well, love well, have something good for every person and die a happy death."**

- Sir Bernard Narakobi

ol plen, tasol kantri i nogat wanpela lukluk long bihainim.

Em bikpela samting long tingting gen long bilip bilong mipela na plenim ol samting bilong bihain, na olsem Vision 2050 i kamap. Dispela lukluk em soim rot long nesen long kamap "A smart, wise, fair, healthy and happy society" long yia 2050. Na mipela bai stap insait long 50 kantri i kam pas long ol narapela kantri insait long United Nations Development Index (dispela skel em soim wanem ol kantri i gat gutpela sindaun).

I Long 2014, gavman bilong PNG em luksave long wanem rot ol mas bihainim long winim dispela Vision 2050. Ol mas bihainim kain divelopmen we i lukautim ples na olsem ol kamapim "PNG Strategy for Re-



sponsible Sustainable Development (StaRS)". As bilong dispela wok em long tingting gen na kamapim nupela kain tingting bilong mekim divelopmen insait long PNG, na bung wantaim ol astingting bilong kantri olsem tok i go pas insait long Mama Lo bilong PNG i tok. Na dispela em strongim ol PNG lain long tingting gen long wanem em wanpela manmeri bilong PNG? Na tu long kirapim bel bilong ol long bilip olsem PNG i ken kamap namba wan kantri na lukautim ol manmeri na graun wantaim. na dispela bai strong kantri bihaintaim.

Nau tasol, ol narapela kantri tu i gat dispela kain tingting. Ol memba kantri bilong United Nations ol bung wantaim na toktok long painimaut wanpela rot long mekim divelopmen we ol i no bagarapim graun. Ol luksave long wanem kain bagarap ol manmeri i ken mekim. Ol yet i mekim desisin long bihainim stretpela pasin na ol statim ol Sustainable Development Goals (SDGs). Ol dispela Gol em ol sampela mak we olgeta memba kantri i wanbel long winim. Dispela ol Gol nau ol kalapim ol Millennium Development Goal (MDG), na dispela ol Gol ol pinis long 2015. Ol Millennium Development Goal, i bin i gat 8-pela gol ol stat long yia 2000, na ol bekim ol sampela divelopmen wari i stap long dispela taim. Dispela ol MDG ol kamapim insait long Millennium Declaration, na dispela em ol 189 kantri i bihainim na 147 lida na gavman i bin putim mak bilong ol long taim bilong bilong bung long Septemba 2000 ol i kolin Millennium Summit. Papua Niugini em wanpela memba kantri insait long United Nations.

Las yia i go pinis, mi bin i gat bikpela sans long sanap mausmeri bilong Papua Niugini long dispela United Nations Economic and Social Council (ECOSOC) Youth Forum long New York. Na sampela samting mi lainim long hap bai mi toksave nau:

Last year, I had the amazing opportunity to represent Papua New Guinea at the United Nations Economic and Social Council (ECOSOC) Youth Forum in New York, and here are some of the things I took from the experience.



## UNITED NATIONS ECONOMIC & SOCIAL COUNCIL (ECOSOC)

Youth Forum (New York '15)

As bilong dispela 2015 ECOSOC bung em long painim ol rot we ol yangpela i ken painim wei long halivim dispela senis long ol Millenium Development Goal (MDG) inap long ol Sustainable Development Goals (SDGs). Na tu, painim ol wei long inapim ol nid bilong ol yut i stap namel long ol nupela divelopmen. Sekretari Jeneral bilong United Nations, Mr Ban Ki-Moon, em opim dispela bung na em askim olgeta yangpela manmeri long sanap mausman o meri long dispela kain divelopmen. Na tu em tok, klostu long hap bilong ol 7 billion manmeri bilong olgeta hap graun, em ol yangpela manmeri. Na olsem, em bikpela samting ol yangpela i mas stap namel long ol nupela kain divelopmen i kamap. Taim em i tok, em makim 3-pela kain wok bilong olgeta yut i mas:

1. Halivim long stiam divelopmen i bai inap gohet longpela taim na em i lukautim ol manmeri pastaim na long olgeta graun tu.
2. Stretim ol lo nogut long halivim olgeta, na no ken lusim sampela i stap.
3. Sanap na toktok long halivim olgeta kantri.

Mi yangpela na mi yet bilip em wok bilong mipela ol yangpela long bihainim dispela bilip long "sustainable development" (divelopmen i bai inap gohet longpela taim). Olgeta hap graun na ol pikinini bilong yumi nidim yumi long mekim dispela wok. Na olsem dispela wok long mekim divelopmen i gohet longpela taim - em wanem samting na olsem wanem bai yumi mekim?

Dispela kain divelopmen i bai inap gohet longpela taim em samting long RISPEKT na WOK bilong YUMI. Yumi mas rispektim yumi yet na ol narapela lain tu. Sapos yumi painim ol gutpela samting, yumi mas rispektim dispela na lukautim dispela.

Na olsem, dispela em singaut bilong mi i go long ol yangpela manmeri long Papua Niugini em long sanap na salensim dispela wok. Yumi mas tingim long bilip bilong ol manmeri long PNG na mekim olsem:

1. RISPEKTIM yumi yet na ol ples na graun bilong yumi.
2. Yu yet SANAP na mekim desisin na bihainim dispela desisin.
3. STRONGIM yumi yet long mekim wok na tingim olsem wanem yumi i ken senisim ol lain i klostu long yumi.



# SUSTAINABLE DEVELOPMENT GOALS



## OL GOL BILONG SUSTAINABLE DEVELOPMENT

Ol gol bilong olgeta kantri long mekem dispela kain divopmen i go het longpela taim

Long Septemba 2015, ol bikpela lida bilong planti kantri - wantaim halivim i kam long United Nations - ol wanbel long wapela plen ol i kolin Sustainable Development Goals (SDGs). Dispela em wapela lista i gat 17 gol, na dispela ol gol bai senisim olgeta hap graun. PNG em wapela kantri we ol manmeri i autim tingting bilong ol yet long wanem samting em i bikpela samting bilong olgeta kantri, PNG na ol liklik ples tu. I no gat planti kantri i bin autim tingting bilong ol.

Moa long 3000 manmeri insait long PNG i bin tokaut, na ol toktok long nid bilong askim ol manmeri pastaim bipo long ol bikpela divelpmen i kamap. Dispela tokaut bilong ol em i stiaim ol SDGs (dispela em ol nupela gol i kalapim ol MDG).

Yu bai lukim sampela stori i gat liklik piksa na em makim "gol", na dispela em soim wapela SDG gol. Insait long neks Clean Generation Tok, mipela bai skelim gut ol dispela SDGs. Na tu mipela bai skelim Vision 2050 bilong PNG na olsem wanem ol dispela gol na plen bai bihainim ol 7-pela astingting (core pillars).



# "Oh Mama Graun"

By Len Awinup

Blissful were the days when her children lived in harmony  
She sang to them as a breeze in a soundless melody  
"Care for me, for I am mother, mother to you all,"  
The truth is tempting, seductive like a siren's call  
Love is what she requests, she speaks her heart;  
she speaks the truth  
But none are more corruptible, more naive than the youth

"I seek to make a change," says her superior child  
"Live civilized and comfortable, out of the wild."  
This child's motives are blinded by innovation  
But these motives are crippling the foundation  
This child is man, man is causing dear mother to be ill  
Breaking the cycle of purpose, ignoring what is real  
Mother is ill, oh dear mother is growing warm  
But raging inside her is a great angry storm  
She punishes her ignorant children for their actions  
Drowning them in waves but these are still only fractions  
Oh, this child who is man, is a stain cast upon this picture  
Is it too late to save you, oh dear mother nature?

Len Awinup em yia 3 sumatin long UNITECH, na em skul long kompyuta saianens. "Mi raitim dispela stori long mama graun bilong wanem mi pilim ol manmeri em bung wantaim graun na yumi i gat wok long lukautim graun. Em bikpela wok bilong yumi long halivim yumi long stap laip bihaintaim na sindaun gut."

Yumi toktok planti long Strongim Nesen na wok hat long mekim dispela i kamap. Tasol em wanem wok stret yumi mas mekim? Pastaim, yumi mas save long ol namba wan samting. Yumi mas kisim save long ol astingting bilong nesen bilong yumi. Yumi mas tok klia wanem em ol gutpela bilip na pasin na save gut long ol tingting long dispela wok long halivim kantri. Insait long Clean Generation Tok mipela laik autim ol stori na tingting bilong yupela, na tu, mipela laik givim sampela toksave long ol tingting long dispela wok halivim kantri - INFO BITES. Mipela bilip olsem, KISIM SAVE EM PAWA Yupela bin lukim pinis ol 5 pela Nesenel Gol. Em ol astingting bilong Kantri na ol Sampela Tingting i Soim we long Gohet (lukim pes 16). Na tu yupela bin kisim save long dispela National Strategy for Responsible Sustainable Development (StaRS) (lukim pes 10) na mipela toktok pinis long ol 17 Sustainable Development Goals (SDGs) ol United Nations i kamapim. Lukim neks Clean Generation Tok na ritim info bites na ol sampela moa!

**"True ignorance is not the absence of knowledge, but the refusal to acquire it." - Karl Popper**



# Wanem samting mi painimaut long Oaktree

By Jerome Seseqa

*Global Partnerships*



*Jerome Seseqa em fainal yia sumatin long UPNG. Em i raitim wanem samting em lukim long 2015 taim em bihainim "The Voice Inc's Leadership Development Program". Ol makim em long go long Melbourne, Australia na lukim ol lain long Oaktree (em wanelala grup wankain mipela).*

Mi sanap long bikpela hap ol givim toktok long wanelala bikpela yunivesiti long Australia, em Yunivesiti bilong Melbourne. Mi resim mi yet long givim het tok long 80-100 yangpela "voluntia" (ol lain i givim wok nating - ol na kisim pe) bilong Australia. Mi gat wanelala blakpela siot na i gat mak bilong 'The Voice Inc' i stap long en. Siot em fit gut, na mi hamamas long sanap olsem mausman bilong grup bilong yumi, 'The Voice Inc'. – lukluk na bilip bilong yumi em wanelala klia piksa bilong tingting bilong yumi ol yangpela PNG lain. Mi sanap, wanelala yangpela Papua Niugini, mausman bilong 'The Voice Inc' na mausman bilong famili bilong mi, kantri bilong mi na ol narapela yangpela PNG lain. Mi daunim het bilong mi wantaim Sebangaz pinisim toktok bilong mipela na harim ol lain paitim han strong. Mi no harim dispela kain

hanpait bipo insait long laip bilong mi! - em soim mi olsem wanem ol stori bilong Papua Niugini i wanelala samting ol narapela kantri lain i laik harim.

Mipela stap long Melbourne, Australia long go long dispela National Conference long Oaktree. Oaktree em namba soim wan organaisesen long Australia bilong ol yut, na ol tokaut long halivim ol tarangu lain i no gat moni o gutpela sindaun. Lukim dispela toksave: Olgeta wokman na wokmeri long Oaktree em ol aninit long 26 yia. Taim ol kamap 27 yia ol mas lusim Oaktree na painim nupela wok. Wanela narapela samting em Oaktree em pren wantaim "The Voice" nau i kamap 7 yia. Na dispela pasin wanbel em strongim pasin pren bilong mitupela na mitupela skulim mipela yet. : "The Voice Inc," em i no kisim moni i kam long Oaktree, mipela sanap wanpis long dispela. Na mi save liklik olsem The Voice em gutpela samting tasol mi save gut taim mi harim maus bilong ol Oaktree lain. Ol tok strong long sapotim yumi taim ol harim long wok bilong yumi. Mipela bin sindaun na toktok gut long ol kain kain samting - olsem bikpela wok long divelopmen na tu ol stori bilong ples. Mipela skulim ol na ol skulim mipela tu. Bihaintaim mitupela bai stap pren na wok wantaim.

Dispela grup em ol yangpela Australian voluntia, em wankain olsem yumi. Ol wok 3-pela dei long wanelala wik bilong wanem ol gat bilip long dispela wok long halivim stretpela divelomen i go het. Plantii ol lusim narapela wok o stadi o raun long lukim ol narapela kantri, bilong wanem, ol i ken sanap na sapotim dispela wok. Ol wokhat, na ol tarangu lain ol laik halivim ol i no save gut long ol. Ol kirapim bel bilong plantii lain long givim bikpela moni, sampe la milion dollars, long baim wok bi-

long halivim ol tarangu lain. Ol statim wanelala skul insait long Enga Province tu. Dispela kirapim bel bilong mi bilong wanem, insait long PNG, mipela no gat plantii lain i laik "voluntia" o wok fri. Plantii ol askim "Wanem samting bai MI kisim?" Dispela pasin em mas senis. Yumi nidim senis long tingting bilong yumi long strongim nesen na sanapim kantri bilong yumi i go antap. Yumi mas lusim ol nogut pasin olsem korupsen, na lusim ol kain wok i no gutpela. Dispela pasin bai daunim kantri bilong yumi.

Toksave bilong mi, mi laik autim, em i go long yupela ol yangpela lain bilong PNG. Em wanelala toksave i tingim long yumi mas stap strong na save gut long wanem ol gutpela yumi gat insait long kantri bilong yumi. Dispela kantri bilong yumi em i narakain olgeta. Bilip long yu yet, na bilip long ol narapela PNG lain, na sapos yumi wok wantaim yumi ken kisim PNG i go het long TUMORA na lusim asde.





Oaktree em ol lain i laik halivim ol tarangu lain na pinism nogut sindaun bilong ol. Olsem yumi hia insait long "The Voice Inc." Oaktree lain ol gat bilip long wok bilong ol yet, na ol bilip long strong bilong ol yet long soim ol narapela wanem rot long bishainim. Oaktree em namba wan grup long Australia bilong o yut na em i gat moa long 150,000 memba.

"For us, change starts with a simple belief - that extreme poverty is unacceptable. Beliefs turn into action, and enough informed action will build a powerful social movement."

Na tu, Oaktree em sapotim ol narapela liklik grup husait i wok long sampela bus tru hap long PNG. Na ol kirapim ol program long halivim long stretim sampela wari long edukesen. Dispela ol wari em long accessibility, quality, na stability. Sampela skul i kisim halivim em karamapim Baptist Union Papua New Guinea, Yangis Community School na Kumbareta High School.

Oaktree wantaim "The Voice Inc." i bin wanbel inap long 9-pela yia nau. Insait long neks Clean Generation Tok yu ken painimaut sampela moa stori long ol Oaktree wantok bilong yumi na wanem kain wok ol i mekim insait long kantri na Pasifik.



Sapos yu mas "baim taim", olsem wanem bai yu yusim dispela taim? Bai yu tingim gut long wanem wei yu bai yusim? Na tingim moa long laip bilong yu?

Yumi i no inap "baim taim" stret. Taim em kam fri. Tasol, yumi mas skelim gut long wanem wei yumi bai yusim. God Papa yet em givim taim long yumi. Na dispela em min olsem, taim em i bikpela samting, na dispela em winim moni tasol.

Na olsem, yumi mas yusim taim long bihainim God na bihainim laik bilong God. Dispela em no min olsem yumi mas wok olgeta taim. Sampela taim, yumi mas malolo liklik na lukluk nabaut na hamamas. Sapos yumi yusim "STOPS" wantaim "STEPS", dispela em i gutpela wei long yusim taim.

Tingting long King Solomon em olsem: i gat wanpela taim we olgeta wok bilong God bai kamap (Ecclesiastes 3:1).

Mi hamamas tru olsem God em i no salim taim. Em givim fri long yumi. Na olsem, yumi mas yusim dispela taim long long "bekim taim" na bihainim laip long onaim God (Colossians 4:5).

Yes, taim em i wanpela naispela samting. Lukautim gut! Yumi no save hamas taim yumi bai i gat. Na olsem yumi mas bihainim laip olsem em i ken pinis kwik taim.

*yusim taim bilong yu gut, na yusim  
bilong bihain.*

Tommy Aiyok em yia 3 sumatin long UPNG. Em skul long kisim Lo digri.

# OL MERI NA MAN I MAS I GAT WANKAIN SANS: BILONG WANEM?

By James Lunge

*Toksave bilong olgeta yangpela man na meri ....*



James Lunge em raitim dispela taim em stap long 1st yia long UNITICH long kisim Maining Ensinia digri. Taim mipela askim em bilong wanem em raitim dispela stori em tok, "Mi gat planti ol meri i skulim mi na ol save gut long wok bilong ol. Ol i gat strongpela bilip long gohet bilong PNG. Ol i save skulim mipela gut, em ol gutpela lida, na ol kisim rispekt bilong ol man i wok wantaim ol. Dispela sans bilong ol meri long kamap lida tu, em bai givim gutpela sans bilong PNG i kamap strong, hamamas na seif.

Sandra em namba wan pikinini insait long famili i gat 5-pela pikinini na em tasol em meri. Em lusim skul taim em pinisim greid 6 long lukautim yangpela brata bilong en, bilong wanem, famili bilong en bilip oлем em mas lainim gut long kamap wanpela marit meri bihain, na lukautim haus bilong man bilong en. Taim em yangpela, ol tisa na skulpren bilong en ting oлем, em wanpela savemer, na ol tingting em smat tru. Em driman long kamap pailot, na plaim balus antap long maunten bilong PNG. Tasol ol driman indai taim mamapapa bilong en mekim em wankain wanpela meri bilong lukautim haus tasol.

Ol meri na man i mas i gat wankain sans, em wanem samting? Ol meri na man i mas i gat wankain sans em oлем; ol man na meri i gat wankain rait bilong ol long painim wok o kisim wankain sans long laip bilong ol. I bin i gat planti toktok long rait bilong wanwan manmeri na oлем wanem ol man na meri i ken kisim wankain sans insait long PNG. Na ol tok strong long oлем wanem dispela wankain sans bilong man na meri wantaim i ken kamap long PNG.

Ol traيم long bukim sampela spes insait long Parliamen long givim sans long ol meri long kamap Memba bilong Parliamen. Ol traيم long mekim wanpela lo we 10% bilong olgeta kendidet i sanap long ileksen, i mas meri tasol.

Tasol, i no gat planti toktok i askim "bilong wanem" PNG i mas bihainim dispela pasin long givim sans long man na meri wankain. Bilong wanem bai yumi bihainim dispela pasin long givim sans long man na meri wantaim? Sapos yumi save gut long as bilong dispela pasin, yumi bai inap sensim dispela wari na stretim em.

Taim bipo Independens, ol papa bilong kantri bilong yumi ol bilip kantri bilong yumi bai givim wankain sans long ol man na meri wantaim. Taim ol raitim Mama Lo bilong yumi, ol raitim dispela bilip insait long tok i go pas long dispela Mama Lo na ol Nesenel Gol. Na namba tu Nesenel Gol em tok oлем, "Olgeta manmeri i mas i gat sans long wok na halivim kantri i gohet, na kisim gutpela sindaun i kam wantaim dispela gohet."

Mama Lo bilong yumi i tok klia oлем kantri bilong yumi bai givim sans long man na meri wantaim. Em bai kamap wanpela kantri we ol meri bilong yumi bai inap wokabaut isi, na ol no ken pret long sampela birua i bai kamap taim ol raun raun. Em bai kamap wanpela kantri we i no gat planti pait insait long haus, na we ol pikinini meri i gat wankain sans oлем ol piknini man long kisim save long skul. Na em bai kamap wanpela kantri we ol meri i gat wankain sans long painim wok tu.

United Nations Human Development Index ripot em tok oлем, i gat 61.7% wok i lus insait long PNG, bilong wanem ol meri i no gat sans long painim wok.

Stori bipo, Sandra em raitim, em soim yumi oлем ol manmeri bilong wanpela kantri i no inap halivim kantri i gohet sapos ol no senism tingting long givim sans long ol meri i wankain ol man tu. Olgeta manmeri i mas i gat sans long kisim rispekt na kisim wanwan rait bilong ol yet.

Margaret Thatcher (em indai pinis), bipo em wanpela meri em Praim Minista bilong Great Britain, na em wanpela klia piksa bilong dispela pasin long givim sans long ol man-meri wantaim. Ol wanwok bilong Mrs Thatcher ol givim hatwok bilong dispela meri taim em wok. Tasol dispela meri em strong long bosim kantri na em halivim kantri bilong en long strongim ikonomi, na winim wanpela bik-pela pait wantaim Argentina, taim ol lain bilong Argentina tra'im long kisim sampela graun bilong Great Britain insait long Falkland Ailan. Na tu em halivim long pinisim dispela "Cold War" wantaim Russia.

## MAMA LO BILONG YUMI I TOK KLIA OLSEM KANTRI BILONG YUMI BAI GIVIM SANS LONG MAN NA MERI WANTAIM.

2011 Nobel Peace Prize win man na President bilong Liberia, Ellen Johnson Sirleaf, em narapela piksa we wanpela meri i ken soim yumi bilong wanem em i bikpela samting long givim sans long ol meri i wankain sans ol man i kisim. Ol manmeri bilong Liberia i bin pait planti yia insait long kantri bilong ol. Dispela meri em bin kamap lida na em halivim long pinisim dispela pait na kamapim bikpela senis insait long kantri. Em statim ol ileksen i kamap long dispela kantri, na i gat wanpela stori bilong en yu ken ritim long dispela buk, ol i kolim, "This Child Will Be Great: Memoir of a Remarkable Life".

Na buk Baibel tu i tok, "Queen Esther" em halivim ol Juda long abrusim indai taim ol Median na Persian i laik kilim ol (em insait long Buk Bilong Esther insait long Buk Baibel).

Na long PNG stret, mi bin toktok wantaim wanpela narapela meri, Serena Sumanop, bipo em Dairekta bilong "The Voice Inc." Na mitupela toktok long olsem wanem em wok bilong ol meri insait long kantri bilong yumi? Na mipela askim sapos ol meri i save olsem kantri bilong yumi i nidim ol tu. Ol meri i mas save olsem, insait long bel bilong ol i gat wanpela bilum, na dispela bilum bai inap karim wanpela tru tru nesen. Yupela i gat pawa insait long givim tingting bilong yu i go long ol yanpela lain, na long ol pikinini bilong ol i go yet. Yu gat pawa long karim na lukautim ol yangpela husait bai inap sensim nesen bi-

long yumi. No ken westim laip bilong yu na no ken tingting olsem yu no gutpela meri. Sapos yu bin westim laip bilong yu, yu ken senis na kamap strong na halivim kantri.

Tingim long stori bilong Rahab, insait long Joshua 2:1-22. Em wanpela pamuk meri tasol em sanap na autim tingting bilong en. Na bikos em tokaut, yumi nau bai inapbihainim ol tumbuna lain bilong Jisas. Plant tingting long wok bilong Rahab na yumi harim stori yet taim yumi harim stori bilong Jisas, na dispela stori em wok yet long senisim planti manmeri long olgeta hap graun. Na ol yangpela man, yumi mas save olsem yumi mas lukautim nesen bilong yumi olsem Joseph husait bin lukautim olgeta hap graun taim em harim toksave i kam long wanpela angelo long kamap waspapa bilong Jisas.

Ol meri i gat pawa long karim na lukautim pikinini, tasol ol man i gat pawa long lukautim na strongim laip bilong ol yangpela manmeri long kamap gutpela na stretpela lain insait long kantri. Na kantri bilong yumi nidim dispela kain manmeri long stretim lo na long halivim olgeta moni na developmen i skel wantaim olgeta manmeri. Em bilong wanem ol man na meri i mas wok wantaim na rispektim ol yet bikos ol man na meri i mas wok wantaim long strongim nesen.

PNG em nidim sampela ol Esther, Rahab na Joseph long sanap na painim strong bilong ol long stretim ol bisnis, gavman na ol narapela hapwok long kantri.

Tlngim, sapos olgeta meri i save pinis long strong bilong ol na ol i sanap na halivim long stretim nesen tu? Sapos ol lusim dispela bilip i kam long kastom bilong yumi olsem "ol man tasol bai inap kamap lida"? Na tingim tu, sapos ol man luksave long pawa bilong ol meri long bung wantaim na stiaim nesen bilong yumi long strongim gavman na ol manmeri? Dispela kantri bai lukim developmen i kamap hariap na gutpela pasin long bosim kantri bai kamap.

Bilong strongim nesen yumi mas strongim dispela pasin we ol meri na man i mas i gat wankain sans. Dispela em ol as bilong dispela pasin na bilong wanem olgeta manmeri i mas bihainim. Tlngim, pasin bilong ol meri na man i mas i gat wankain sans, em kam long rispektim yumi yet na em kam long givim sans long meri na man wantaim long halivim long kamapim nesen bilong yumi.

### Gol 5: Kamapim wanpela kantri ue ol meri na man i mas i gat wankain sans na givim strong long ol meri na pikinini meri.

- Aninit em ol sampela mak bilong Gol 5 we United Nations i tok aninit long ol Sustainable Development Goals (SDG).
- Pinisim olgeta kain pasin we i daunim ol meri na pikinini meri long olgeta hap.
- Pinisim olgeta kain pasin i save bagarapim ol meri olsem: mekim ol meri maritim man taim ol pikinini yet, o katim skin bilong bokis bilong ol meri.
- Luksave long, na givim rispekt long ol meri husait i wok long haus o lukautim ol pikinini o sik lain, na strongim ol gavman polisi na publik sevis long halivim ol, na strongim ol famili long tingting long skelim wok wantaim man na meri insait long haus.
- Givim sans long ol meri long kamap lida na halivim ol long wok wantaim ol man insait long gavman na ol narapela hap.
- Kamapim ol nupela rot long givim wankain rait long ol meri long kisim ol ikonomik risos, baim graun o haus, ol fainansel sapot, kisim ol samting bilong man o meri indai, na ol risos bilong kantri insait long lo bilong kantri.

# Mipela i wanpis na sel i go long solwara

Written by Brian Sasingian

**Brian Sasingian em fainol yia sumatin long UPNG na em skul long kamap dokta. Em statim dispela Carterets Kempein. Long 2013, Brian wantaim 5-pela ol narapel sumatin bilong "The Voice Inc. Leadership Development Program" ol raun long Autonomous Region of Bougainville aninit long tingting long "Stretim ol wari bilong Climate Change." Dispela ol yangpela lida i go long hap bilong Tulele Peisa's long Tinputz, na tu ol go long ol Cataret Allan long lukim ol bagarap dispela "Climate Change" i kamapim. Em stori long yumi long olsem wanem em kisim strong long halivim ol lain i kisim birua ol "Climate Change" i kamapim. Na tu em givim sapot long wok bilong Tulele Peisa.**

Mi kam long wanpela komyuniti we i no kisim senis bilong "climate change" i kamap, na mi kalap nogut taim mi sanap long Cataret Ailan. Mi bai givim piksa long dispela ol ailan em olsem em wanpela ples paradais em i go daun aninit long wara. Ol planti diwai kokonas i bin raunim ailan bipo, ol nau stap aninit long waitsan. I luk olsem wanpela i bin mekim poisin long dispela hap na ol diwai nau i no inap karim prut. Olgeta taro, yam na kokonas tu i luk olsem i no inap karim pikinini.

Ol bikman i no hamamas long dispela senis long ailan bilong ol. Ol tingim long wanem samting ol i ken mekim long stretim? Tasol mi bilip olsem i gat hop yet insait long ol lain husait i sapotim ol ailan lain.

- Ol wok bilong Tulele Peisa em

litimapim tingting bilong mi. Na mi tingim plen bilong ol long stretim dispela ol bagarap bai wok. Mi bai autim dispela plen bihain liklik.

Dispela nem, Tulele Peisa, long tokples bilong Carteret em min olsem "mipela i wanpis na sel i go long solwara". Dispela tok klia em soim wok bilong dispela NGO, na dispela wok em ol lain bilong ples tasol bai inap kamapim. Tulele Peisa i gat 3-pela gol.

Namba wan em long salim ol manmeri bilong ol ailan i go long wanpela narapela hap. I gat 4-pela ples ol i skelim yet, na ol Katolik i bin givim (em ol plantesin bilong bipo). Wanpela hap em long Tinputz, na ol bin givim wanpela haus, tang bilong wara, na 1 pela hektair graun bilong wokim gaden. Cataret i gat 1000 manmeri i stap na ol laik salim 100 famili i go long nupela hap.

Namba tu gol em long senisim pasin bilong ol ailan lain. Dispela plen em long halivim ol yet long lukautim ol yet na kamapim kaikai bilong ol yet, na lukautim graun bilong ol yet. Dispela gol em bikpela samting na planti wok i kamap pinis long inapim dispela gol i go het. Pastaim, ol bung na skulim ol ailan lain long mekim gaden, bilong wanem, em ol lain bilong hukim pis tasol.

Na tu, antap long sampela nupela graun ol kisim, ol bin kamapim wanpela liklik ples bus we ol planti kain diwai i stap, olsem Kwila. Bihain ol ken yusim bilong salim diwai.

Na narapela samting em ol statim

wanpela hap long draim ol kakao na salim long kisim moni.

Namba tri gol bilong Tulele Peisa em long halivim ol ailan lain long bung na wok wantaim ol narapela. Ol yusim ol grup nabaut long bung na halivim ol long kamapim ol komyuniti i inap lukautim ol yet long dispela birua i bai kamap. Aninit long dispela gol, wanpela bung i stap wantaim :The Voice inc." na dispela bung em larim ol lain bilong "The Voice Inc." long go long Bougainville na kisim save long wok bilong ol.

Tulele Peisa em mekim gutpela wok stret long salim ol manmeri i go long ol narapela hap, na mi bilip olsem dispela wok long stretim wari bilong "climate change" em bai stap long-pela taim.

Gavman i no gat wanpela polisi i stap long halivim ol komyuniti i kisim wari bilong "climate change" i go long ol narapela hap. Wanpela samting i tru em olsem dispela ol ailan em bai go daun aninit long wara na i no gat wanpela wei long pasim dispela long kamap. Na olsem, bihain olgeta ailain lain i mas painim nupela hap graun. Gavman i mas makim dispela wari em kamap namba wan samting bilong ol long stretim, na ol mas painim sampela graun bilong ol.

Long tok pinis, mi laik tok olsem, Tulele Peisa em kamapim wanpela komyuniti we ol manmeri ol save long lukautim ol yet. Dispela em winim pasin bilong salim ol i go long wanpela kem olsem ol refuji lain i stap long Manus.

# YUMI TOKTOK LONG DISPELA CARTERET KEMPEIN



# AS BILONG EM

As bilong en

As bilong dispela Carteret kempein em long tokautim ol wok bilong Tulele Peisa na halivim ol lain bilong Cateret Ailan. Dispela hap i gat 5-pela ailan i stap. Dispela wok long salim ol lain i go long narapela hap em i namba wan taim dispela samting i kamap.

Dispela ol lain bilong hia em ol namba wan taim i gat sampela refuji i lusim ples bilong ol na go long Bougainville, bilong wanem graun i bagarap. Tulele Peisa em wanpela NGO na em wok bilong ol long kamapim dispela senis long salim ol lain i go long narapela hap. Na tu, Tulele Peisa em skelim ol kain kain ples we ol i ken yusim long lukautim ol ailan lain na halivim ol long kamapim kaikai bilong ol yet.

# WOK PAIMIN BUK

Dispela wok bilong painim buk (olgeta kain buk) em long givim long  
tupela prameri skul long Carteret Ailan. Dispela tupela skul, em Yangain  
Primary na Our lady of the Sea. Yangain Primary, em stap long Yangain  
Ailan na Our Lady of the Sea em stap long Han Island.

Ol skul i gat planti wari i stap. Taim bikpela taitwara i kam, em save go insait long olgeta hap na ol mas pasim skul. Ol pikinini lusim skul inap long tupela dei. Ol skul i no gat planti tisa, na olsem ol i no inap skulim olgeta gred. Na tu, ol i no gat buk long laibreri.

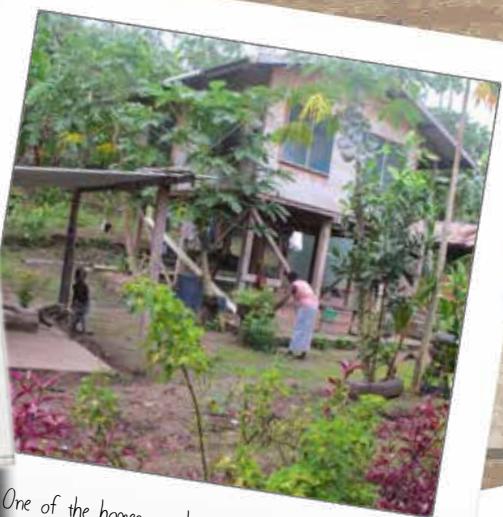
Ol buk ol sumatin i kisim ol i givim long Tulele Peisa long givimaunt long ol  
skul long ol Carteret Ailans.

# SAMPELA TOK PAS LONG ODISPELA

Taim ol i lukim dispela ol bagarap, ol sumatin bilong The Voice Inc." i strongim bel long stretim ol dispela wari. Na dispela em as bilong statim dispela Carteret Kem- pein. Wanpela hap graun ol givim long ol famili husait i kisim nupela graun long me- kim gaden. Taim ol wokim Nation Builders, Rural Challenge, 6-pela sumating bilong "The Voice Inc." ol go lukim sampela sumatin bilong Yangain Island long 2013.



One of the plots of land allocated to relocated families to grow crops.



One of the homes at the relocation site at Tinputz



Handing over books from the first book drive to  
Ursula, ED, Title Peisa



As part of the Nation Builders, Rural Challenge, 6 students from The Voice Inc. visited and spoke to students from Yangain Island in 2013.



# Bungim Benson Saulo

By Thelma Kavanamur



Benson Saulo em klostu long winim Young Australian of the Year Awards long 2014. Na tu, em namba wan man bilong ples long Australia long kisim wok long sanap mausman bilong ol Australian Yut i go long United Nations. Em namba wan man i sanap na skelim toktok long dispela "Rights of the Child Resolution" long 2011. Long 2012, Benson em kisim wok olsem Dairekta bilong ol National Indigenous Youth Leadership Academy. Dispela grup ol traيم long kamapim ol nupela yut lida i kam long ol ples lain bilong Australia.

# Mind Garden Projects

Long 2015, mipela hamamas long sindaun na toktok wantaim Benseon Soulo. Dispela bung i kamap taim Benson i kam long Papua Niugini, long taim bilong hamamasim Australia Wik. Benson em sanap na toktok long ol sumating bilong UPNG na tu, em toktok wantim ol lain i harim Clean Gen Radio show.

Benson Saulo (27) em wanpela man long tokaut planti long stretim ol lo na jastis long Australia na Niu Ailan Provins. Em stiaim ol gutpela senis i kamap. Dispela strongpela pasin bilong en, em kam long papamama bilong en; na papa bilong en em wanpela pasta bilong New Ireand, na mama bilong en em wanpela ples lain bilong Australia. Mama em stap insait long 4-pela klen bilong Westen Australia. Mamatapa bilong en em givim em strongpela bilip long Benson long halivim ol komyuniti na sapotim ol narapela lain long sanap na autim bilip na wari bilong ol.

**If we are thinking about how we can create the next change makers in our communities. Education is very important.**

Nambawan wok bilong Benson em long wok long sosel jastis na komyuniti. Plantii wok bilong en em insait long Australia na em wari long lusting long halivim famili bilong en tu long Papua Niugini. Na olsem, long 2014, Benson wantaim pren bilong en, Kate, raun i go long Niu Ailan Provins. Taim em i lukim famili bilong en long Niu Ailan, Benson, wantaim Kate sanap na toktok wantaim Ussil Primary School. Dispela skul em klostu long ples bilong Benson. Long dispela taim, het tisa long skul em soim tupela insait long skul na tupela i bungim ol skulmangi. Ol lukim skul laibreri na ol wari long dispela laibreri i no gat buk. Het tisa em tokim ol long dispela wari, na ol skulmangi i no ritim planti buk na long taim bilong skul tes, ol skulmangi i no kisim gutpela mak bilong ol.

Bihain long dispela, Benson na Kate i go long Niu Hanover, na pinis long Neikonomon Komyuniti Skul. Dispela skul em bin pas 3 -pela yia nau. Na nau tasol em opim gen, na i gat nupela het tisa na sampela tisa. I gat 40 sumatin na tupela klas, tasol i no gat planti buk.

Taim Benson na Kate lukim ol dispela skul, ol tingim long wanem samting ol i ken wokim long stretim ol wari na halivim ol.

Taim Benson na Kate i go bek long Australia, ol statim dispela "Mind Garden" projek. Dispela projek em sapo-

tim ol rit na rait long skul na ol yut arasait long skul insait long Niu Ailan Provins. Benson na Kate askim ol pren bilong ol na ol dispela pren askim ol pren bilong ol long putim sampela moni long halivim dispela projek i go het. Benso na Kate kisim \$3,500.00 na ol baim 350 buk bilong elementari i go long hai skul levol, na ol givim long Ussil Praimeri Skul na Neikonomon Komyuniti Skul long Niu Ailan Skul.

Dispela "Mind Garden" projek em salim ol namba wan buk i go pinis na ol hamamas long givim dispela buk long ol tisa long inapim ol long halivim ol skulmangi.

Benson em bilip olsem edukesen em bikpela samting. "Sapos yumi tingting long sampela rot bilong kamapim ol lain i bai inap kamapim senis insait long komyuniti, yumi mas tingim long edukesen." em tok. Tasol, em bilip tu olsem, edukesen i bai no inap kirapim senis sapos i no gat ol gutpela samting bilong yusim olsem buk. Na olsem, insait long neks 12-pela mun, dispela "Mind Garden" projek bai wok long Niu Ailan tasol. Ol laik strongim wei bilong mekim dispela projek i wok gut na go het longpela taim. Bihain ol bai traime long wok wantaim ol narapela provins. Ol toktok gut wantaim Depatmen bilong edukesen tu na ol laik halivim ol skul i gat fri edukesen (TFF) we ol i ken painim sampela buk bilong ol.



**FIND OUT MORE:**

<https://bensonsaulo.wordpress.com/about/>  
<https://www.facebook.com/MindGardenProjects/?fref=ts>  
<https://bensonsaulo.wordpress.com/2014/08/25/mind-garden-projects-launch/>



## MEKIM KAMAP

Sustainable Development Goal 8: em tok olsem long strongim ikonimi bilong halivim olgeta manmeri, na halivim ol long painim gutpela wok.

Nau em bikpela samting long kirapim ol yangpela manmeri long tingting long wok na laip bilong ol yet. Ol mas painim sampela work. Toktok i kam bihain bai soim yu sampela rot long statim bisinis bilong yuyet, na sampela rot tu long painim wok.

Des Yaninen em C.E.O bilong NDB Investmen na em wanpela bikpela sapota bilong ol lain i laik statim bisinis. Lukim NDB websait na painim sampela nupela toksave long "Youth Entreprenuer Program." bilong ol.



# Sampela as bilong PNG Yut long kamapim bisnis bilong ol yet

by Des Yaninen (CEO NDB Investments)

SME Polisi bilong gavman em bai halivim 500,000 nupela SMEs long kamap inap long 2030, na dispela bai kamapim wok bilong 2 milion manmeri. Dispela bai apim GDP i lusim 10% i go inap long 50%. Wanpela we long mekem dispela wok kamap kwik em long stat wantaim ol yangpela manmeri. Plantol bikpela bisnis long PNG na ol narapela kantri em ol yangpela manmeri aninit long 40 yia i bin statim. Ol driman, na ol biahinim driman bilong ol.

Olsem wanem bai yumi putim moni long halivim ol yangpela manmeri? Mipela raitim 6 pela as long hia.

## 1. No ken wet, stat hariap

Plantol lain i statim bisnis i tok olsem em bai moabeta sapos ol bin stat bipo. Sampela i bin tok, "Gutpela taim long planim diwai em long 20 yia i go pinis. Na narapela gutpe-la taim long stat em long nau tasol. Sapos yu stat hariap long biahinim ol gol bilong yu, yu bai kisim save hariap tu, na painimaot ol rot bilong mekem bisnis bilong yu i kamap strong. Moni bai kam insait hariap tu. Bihaintaim, sapos yu bikpela man o meri yu bai i gat sampela narapela wok o warina bisnis bilong yu bai i ken hat liklik."

## 2. Strong bilong yu

Taim yu yangpela yu bai inap stap strong sapos ol sampe-la birua kamap. Taim yu lapun liklik em hat moa. Dispela strong bilong yu taim yu yangpela bai halivim yu long go het taim sampela birua i traim long kisim yu. Dispela rot bilong kamapim bisnis i ken i gat ol kain kain birua; na yu nid long stap strong long halivim yu yet long bekim ol dispela birua.

## 3. No ken traim planti tumas

Ol yangpela i laik traim ol planti ol nupela samting. Em gutpela sapos ol stat taim ol yangpela stret, taim ol stap yet wantaim papamama bilong ol. Long dispela taim ol yangpela i nogat ol dinau long beng. Ol ken traim planti taim na em orait sapos ol mekem sampela rong tu. Em klia olsem biahin ol bai win. Taim ol yangpela ol no gat planti wari, na ol ken stiaim tingting long bisnis bilong ol tasol.

## 4. No gat sampela tingting i pasim ai bilong ol

Plantol yangpela bai inap traim ol nupela samting. Taim yumi lapun liklik yumi i ken les long traim ol nupela samting. na yumi tingim ol yangpela ol mas longlong liklik. Tasol, no ken wari, tingim olsem yu yangpela yet na statim bisnis bilong yu.

## 5. Strongpela bilip na pawa

Em klia, ol yangpela manmeri i gat sampela moa pawa long ol lapun. Na tu, sapos yu biahinim strongpela bilip bilong yu, yu bai inap mekem bisnis sapos yu yangpela o lapun. Sapos yu lapun liklik tasol yu yangpela insait long lewa bilong yu, yu ken yusim strongpela bilip bilong yu wantaim ol planti save bilong yu. Yu ken wok isi isi na skelim pawa bilong yu.

## 6. Sapos ol kamap strong, PNG bai kamap strong tu

Sapos bisnis em wanpela sois bilong ol yangpela i lusim skul, na mipela sapotim ol wantaim sampela moni, taim ol kamap strong ol bai givim planti wok long ol narapela na strongim ikonomi bilong yumi.

# WOK

# WC

Sapos yu painim liklik wok taim yu raun long malolo olsem Lydia long hia, mipela i gat sampela tingting bilong yu long tingim. Mipela halivim yu long raitim CV bilong yu. Dispela CV ol i kolim "curriculum vitae" em wanpela pepa i tokautim ol planti samting bilong yu, na em bai halivim ol kampani long givim wok long yu.

Sapos yu no kisim wok yet, yu ken traim long painim yet. Sapos yu traim hat, na yu tingim long wok gut, salim dispela toksave (CV) long ol na painim wok.

Lukim dispela piksa aninit. Na lukim sampela toktok long sait. Microsoft Word i gat sampela piksa long ol (CV) yu ken biahinim. Sampela kolim ol "Resume", na yu ken makim ol samting bilong yu insait long spes bilong dispela ol piksa i stap. Na tu yu ken painim sampela moa onlain. Traim tasol!

### Tim Tom

Lapwing Drive, Gordons, Port Moresby  
Phone: 1234 5678 E-Mail: timtomlapwing@xyzmail.com

*Grade 10 graduate seeking casual employment in a dynamic organization*

Personable and astute student with proven time management and collaboration skills developed from confidence and communication abilities. Understanding of general employability skills and the importance of working as part of a team, learning from others and developing as a professional. VCE graduate looking for time employment in a position that requires a dedicated, young and enthusiastic employee.

### Experience

#### Chupa Chup Community 2013 - 2015

Provided support during various fundraising activities for local community group. Assisted at events and gatherings including providing suggestions to help meet fundraising targets. Personally attended various including spending time with troubled youth in the community.

### Education

#### Grade 10 Certificate

Lapwing Secondary School

#### Grade 8 Certificate

Bittern Community School

### Skills or Personal Attributes

- Effective Communication Skills: Articulate communicator with appreciation for the different communication styles required when working with other team members or with customers.
- Honest and Reliable: Strong morals and ethics ensure honesty, reliability and ability to undertake responsibly.
- Flexible: Understanding of need to remain flexible to support last-minute demands and changes at all times.
- Software Skills: Microsoft Word ~ Microsoft Excel ~ Microsoft Outlook ~ Firefox ~ Internet Explorer

### Achievements

- 2013: School captain
- 2012: Represented school at National Youth Day events
- 2012: Recognition award for contribution to the local community and volunteer work

### Referees

Principal  
Mr. D Docket  
Lapwing Secondary School  
P.O Box \*\*\*  
Gordons, NCD

#### Ol referi

Sapos yu bin voluntia (wok fri) wantaim wanpela sios o wanpela kampani, askim ol long halivim yu long painim wok. Ol ken kamap "referi" bilong yu. Ol referi em o lain husait i ken giving sampela klia tok long wok pasin bilong yu. Ol nupela kampani bai ringim ol referi na askim ol sampela kwesten long yu. Na tu yu ken askim ol referi bilong yu long raitim wanpela liklik stori long tok klia long wok pasin bilong yu. Na yu ken bungim dispela stori wantaim CV bilong yu.

# WOK WOK

AS

Toktok liklik long yu yet na wanem wok yu ken mekim long halivim kampani i go het. Na toktok long paisin bilong yu tu.

WOK BIPO

Sapos yu bin wok bipo, yu ken raitim dispela tu.

SKUL

Raitim ol nem blo skul yu bi long na sapos yu kisim pepa lo dispela skul.

SKIL

Raitim sampela skil bilong yu olsem wanem kain wok yu bai inap mekim. Tokim ol sapos yu bai inap yusim kompyuta.

OL SAMTING YU WINIM PINIS

Raitim ol samting yu bin mekim pinis. Sapos yu gat sampela setifiket long soim gutpela wok bilong yu, o sampela lida posisen yu bin kisim, yu mas raitim long hia.

# wok la rau Malolo



Halo! Nem bilong mi em Lydia Dimokari na mi stadi yet long UPNG. Mi laik tokim yu long wanem samting i kamap taim mi wok long taim bilong skul malolo long 2014. Mi kisim sampela wok insait long Air Niugini Het Opis. Ol givim trening long mi long 3-pela mun. Long dispela taim mi kisim sampela tingting long laip bilong ol wok man na meri, na mi kisim save gut long wok wantaim wanpela kampani. Mi painimaut long wei long bihainim ol gol bilong mi na ol gol bilong kampani.

Namba wan samting mi lainim em long lukautim taim. Taim em naispela samting insait long laip bilong yumi. Mi hap hapim dei i gat ol wanwan hap taim, na mi opis long taim wok i stat, na mi inap pinisim olgeta hap wok ol givim long mi. Kamap olsem wanpela nogut "juggler" (em wanpela manmeri em save troimoi ol wanpela "juggler" na em troimoi wanpela liklik bal pastaim, na bihain em troimoi tupela moa na tupela moa gen. Na sapos em putim planti tumas, em bai painim hatwok long lukautim olgeta bal wantaim, na ol bai pundaun long graun. Wok bilong yumi long opis i ken wankain long dispela piksa. Sapos yumi kisim planti ol hap wok tumas, yumi bai no inap pinisim olgeta gut, na yumi bai bel hat.

Namba tu samting mi lainim em long kaikai ol gutpela samting i lukautim helt bilong yumi. Sampela taim yumi laik kaikai ol samting ol kukim long praipan wanna dispela ol samting i ken kamapim sampela sik olsem "diabetes" o sik bilong bilum bilong pispis. Dispela kain sik bai kisim yu bihaintaim. Mi laik tokim yu long het na tingting bilong yu i kamap strong, na tu yu bai i no westim moni long baim ol samting i nogut long helt bilong yumi.

Na tu, yusim ol save bilong yu long halivim ol narapela em gutpela samting. Na Mahatma Ghandi em tok, "The best way to find yourself is to lose yourself in the service of others" (em tok olsem: Yu bai inap save gut long yu yet sapos yu sampela taim yumi no inap givim gutpela halivim o stretpela toktok).

Em ol liklik samting i ken halivim o narapela. Traim hat long halivim ol narapela, na skulim ol long ol nupela samting, na givim taim bilong yu long wanpela i gat nid long kisim halivim. Harim ol gut na kamap wanpela voluntia long halivim ol.

Long tok pinis, mi laik givim gutpela toktok long yu long painim wanpela hap wok taim skul malolo bilong yu i stat. Yu bai bai i no wankain long mi. Namba wan samting em olsem, yu bai kisim save gut long yu yet, na yu bai strongim yu yet na yu bai inap mekim ol liklik samting long halivim ol narapela.

Wok yet long painim ol samting you nid. No ken les long dispela.

# KAMAPIM OL ANSA I BAI STAP LONGPELA TAIM

# SAGO NETWORK

Interview for Clean Gen Radio by Serena Sumanop



*Wanpela gol bilong olgeta kantri long mekim dispela kain dvelopmen i go het longpela taim em Gol namba 11. Dispela gol em laik givim klin wara long olgeta manmeri, na tu ol toilet na rot bilong rausim ol pipia wara bilong toilet. Sago Network em wanpela grup we ol no wokmoni. Ol save halivim ol komyuniti long stretim ol dispela wari long klin wara na toilet.*

Rosemary em wanpela yangpela architect (em wanpela saveman o meri i ken mekim plen bilong kamapim haus) na em stap long Lae taim em pikinini. Em laikim wok bilong en tru, na em driman long strongim wok bilong en insait long Papua Niugini. Rosemary em kisim digri bilong en long UNITECH long Lae. Na biahin em go wok long Sydney, Australia, na em statim dispela Sago Network wantaim sampela narapela. Em bilip olsem, dispela kain wok long halivim ol narapela em as bilong bilip na wok bilong en. Em laik wok wantaim ol manmeri na halivim ol long kamap strong na painaim ansa bilong ol yet. Mipela sindaun wantaim Rosemary na askim em sampela kwesten bilong Clean Gen Radio. Mipela askim em long autim tingting bilong en long wok na laip bilong en na tu long Sago Network.

## Tokim mipela long Sago Network, em wanem samting?

Tokim mipela long Sago Network, em wanem samting? Sago em saksak, na em kaikai stret

Piksa ikam lo Sago Network website: <http://www.sagocollective.com/sagonetwork/>

bilong yumi long PNG. Mi ting olsem, wanpela taim mipela mekim sampela wok, mipela kaikai saksak na aiting mipela i mas kaikai planti tumas o i no planti - mi lus tingting liklik. Tasol dispela nem "sago" em stap wantaim mipela, bilong wanem mipela ol Papua Niugini. Tasol, mipela yusim dispela wod "sago" wantaim "network" na dispela em soim we ol tingting na narapela woklain i bung wantaim long kamapim ol gutpela samting.

Mi kisim gutpela sans long wok wantaim tupela narapela architect em ol pren long Sydney. nem bilong ol em Lachlan Delaney na Brendan Worseley. Mipela bung taim mipela wokim wanpela projek (ol i kolin "Design and Build PNG"). Dispela projek mi kamapim wantaim Kate Ferguson in 2007, na em tu em wanpela architect, na em gutpela pren bilong mi.

Mi laik tingim olsem, mipela ol architect bai inap painim ol kain kain rot long stretim ol kain kain salens, sapos dispela ol salens em long painim rot long givim ol manmeri klin wara o toilet o gutpela helt. Tasol, aiting em bikpela samting long painimaute ol kain wei long bung wantaim ol narapela pastaim na painim ol ansa bipo mipela stat wok long kamapim wanpela samting. Sapos mipela wokin olsem, dispela ansa bai tingim long ples stret na em bai wok moabeta.

Olgeta taim mipela tingting long olgeta samting i mas bung pas long kamapim gutpela ansa, na Sago Network em painim wanpela wei long halivim dispela i go het. Mipela laik wok wantaim ol narapela, na halivim ol narapela long strongim ol yet, na mipela laik halivim ol kain kain woklain long bung wantaim na halivim ol long mekim sampela stadi na skelim tingting bipo wok i stat. Dispela bai mekim ol wok kamap gut na stap longpela taim (em "Sustainable Development"). Sago Network em stat long 2010. Mipela statim long Sydney na long 2012 mipela stat insait long PNG.

L-R: Co-founders of Sago Network; Brendan Worseley, Rosemary Korawali & Lachlan Delaney

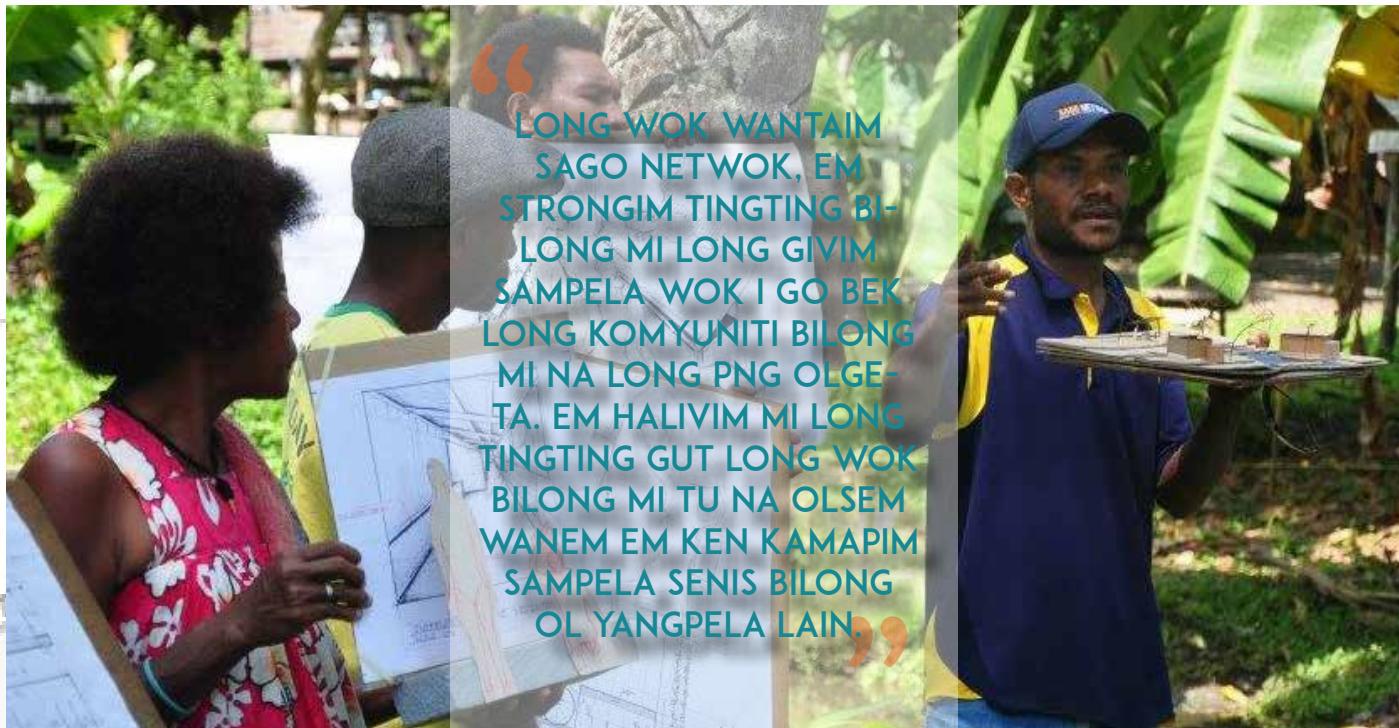


Na mi laik tok klia long olsem wanem mipela i bung pastaim na stat. Mi bungim tupela Brendan na Lachlan taim mipela wokim "Design Build PNG". Dispela projek em bikpela liklik. Mi wantaim Kate mipela wok 14 mun long plenim, na mipela i no klia long wanem samting bai kamap. Tasol mitupela strong long wok, na ol narapela i tok olsem, mitupela yangpela na nupela na dispela bai halivim mipela long go het. Mipela kisim 30 sumatin long go insait long komyuniti. 20 i kam long Australia, na 10 kam long PNG. Em ol sumatin bilong architecture i kam long Australia na PNG.

Mipela olgeta go slip long Labu-Tale long 2-pela mun. Em wanpela hap klostu long nambis long Morobe Provins. Na mipela bin wok wantaim ol komyuniti na kamapim ol plen, mekim ol piksa, na wokim wanpela Aid Post. Em bikpela projek tasol, taim mipela lusim dispela komyuniti, ol yet hamamas long wok bung bilong mipela olgeta.

Mi lainim planti ol samting taim mipela mekim dispela wok. Mipela wokbung wantaim Village Development Trust (em wanpela NGO i stap long Lae), na Huon Distrik Edministresen, PNG Sustainable Development Program, na ol sampela bisnis i karamapim Trukai na Lae Biscuit, na ol organaisesen olsem UNITECH.

Na tu, mipela bung wantaim ol sampela kampani bilong Australia, olsem The Buchan Group, Blue Steel Scope na sampela moa. No ken lustingting long Curtin University na tu UNESCO.



Sapos yu laik kisim sampela moa save long dispela wok yu ken lukim. <http://www.sagocollective.com/sagonetwork>



Ol komyuniti memba i bin kisim hatwok liklik long go long Lae taim ol i sik. Lae em longwe na i no gat ol PMV i stap long bus stret long karim ol i kam long Lae. Dispela ol toktok mipela skelim wantaim ol komyuniti na em klia olsem wanpela klinik em namba wan nid bilong komyuniti na bilong Huon Distrik Edministresen. Na bihain, mitupela Kate painim ol moni long wokim, na kisim ol sapot bilong dispela projek. Mipela hamamas long lukim ol komyuniti, sumatin, bisnis lain na ol narapela lain i gat laik long bung na wok wantaim. Em klia olsem dispela ol kain kain grup i ken wok wantaim long kampim ol gutpela samting.

### **Olsem wanem ol wok bilong Sago network na ol voluntia wok bilong yu i bin inap halivim wok moni bilong yu nau na bihaintaim? Na olsem wanem bai yu halivim PNG ion gohet?**

Long wok wantaim Sago Network, em strongim tingting bilong mi long givim sampela wok i go bek long komyuniti bilong mi na long PNG olgeta. Em halivim mi long tingting gut long wok bilong mi tu na olsem wanem em ken kamapim sampela senis bilong ol yangpela lain. Na dispela senis i ken kamap long pasin bilong wokim haus na tu long halivim ol nupela architect i kam long Yunesiti. Dispela strongpela tingingting em halivim mi long save gut lon wanem samting mi bai mekeim long laip bilong mi.

Bipo mi tok olsem mi hamamas long wok wantaim ol manmeri na mi gat hop mi bai inap kamapim sampela senis long laip bilon manmeri. Em bilong architecture na ol narapela kain wok. Na dispela wok wantaim Sago Network em inapim mi long kampim bilip bilong mi. Long dispela

taim long laip bilong mi, planti ol save pinis long wanem samting ol mekim, tasol sampela taim mi pilim samting i lus. Long dispela taim, bilip bilog Godpapa i halivim mi. Mi laik tok olsem olgeta taim God i soim mi long wanem rot long bihainim na em siom mi long satp tru tru na em yet em givim strong long mi long go het.

Wok mi bin mekim bipo, em insait long sampela architect opis long san, na long nait mi wok long Sago Network. Na dispela wok long san na long nait i bin halivim mi long save gut long ol kain kain wok na manmeri mi bungim. Dispela em strongim pasin bilong mi long kamapim senis, na mi pilim God i blesim mi long halivim mi long wokim dispela wok, Bihaintaim (klostu) mi laik pinisim wanpela narapela digir em wanpela Masters in International Planning and Sustainable Development London. God i blesim mi long kisim wanpela prais em The Architecture and Built Environment Excellence Scholarship by the University of Westminster in London. Bilong dispela mi daunim het bilong mi, bilong wanem mi save mi bin kisim dispela prais long go het na mekim sampela gutpela wok. Mi laik givim sampela wok i kam bek long dispela nesen, PNG. Em hop na driman bilong mi long mekim dispela wok i go yet long ol kain kain levol, sapos em long wok o wantaim famili bilong mi. Em i bikpela samting long tingim long ol narapela manmeri insait long gol bilong yumi.

Long kisim dispela prais long baim olgeta skul bilong mi, em bekim long beten bilong mi. Sapos mi no kisim dispela prais, mi bai no inap go na bihainim dispela stadi long UK. Na 4-pela yia i go pinis mi no tingim long London, mi tingim long Australia. Tasol, sapos God em i gat as bilong wok bilong en long halivim

yu, dispela bai opim planti dua na givim sans long yu. Yu mas stap yet wantaim God na bilip long wanem samting em stap long ai bilong yu stret. Long dispela taim, em Sago Network na wok bilong mi em stap long ai bilong mi stret.

Dispela digri long UK em karamapim wok long Taun Plenning na mipe-la bai glasim ol kain kain kantri na olsem wanem ol bai wokim developmen i bai go yet longpela taim. Na dispela kain developmen em planti ol save toktok long en insait long PNG. Em wanpela samting mi laik save gut long en. Mipela long PNG i gat sampela save long dispela kain developmen, tasol em bai gutpela long kisim sampela moa save na dispela bai halivim mi long bekim sampela wok i kam bek long kantri. Dispela digri bai go long 14-pela mun na mi hop mi bai winim.

Taim mi pinisim dispela stadi, mi laik strongim Sago Network i kamap bikpela moa, na tu mi laik strongim bisnis bilong mi yet mi bin statim bipo. Mi no save sapos tupela kain wok bai bung bihaintaim. God em save. Mi laik kisim independens bilong mi long kamapim dispela ol kampani bihaintaim. Mi no klia sapos mi bai go wok long wanpela narapela kampani, aiting nogat. Sapos yu lukim mi 5-pela yia bihain, na sapos mi rong yu ken stretim mi na tok "Yu tokim mipela yu bai no inap wok wantaim wanpela kampani!". Dispela em driman bilong mi na mi laik wok i go yet na mekim wok bilong mi insait long PNG na ol narapela kantri i klostu long yumi.

**LECRANE**

Clean Gen Vibes



# LECRAE

"Clean Gen Vibes" em sampela toktok long wanem ol gutpela samting i hamamasim ol manmeri. Na insait long dispela liklik buk mipela bai sanapim nem bilong Lecrae. Dispela man bilong singsing em wanelpa namba wan laik bilong mipela. Ritim ol wod bilong bilong en, em raitim insait long nupela song "Anomaly" long 2015.

Lecrae stap tru long bilip bilong en, na em wanelpa man bilong singsing husait em senisim stail bilong ol kain kain singsing ol planti manmeri i save laikim. Ol song bilong en bai litimapim tingting bilong yu na insait long ol yu bai painim bilip na ol stretpela tok. Tasol, em moa long dispela na em klia tu. Sapos Oscar Wilde em tok tru taim em tok olsem, "Plantii manmeri em ol narapela lain, tingting bilong ol em tingting bilong ol narapela, laip bilong ol em bihainim laip bilong ol narapela, bilip bilong ol em toknating tasol", em isi long yupela long save long as bilong ol manmeri i laikim Lecrae. I gat planti ol song nabaut we ol laik hamamasim ol lain tasol, na Lecrae em narakain we em tokautim bilip bilong en. Na as stret bilong win pasin bilong en em tok klia, "Mi mas tok stret tasol, na sanap na autim bilip bilong mi. I ken i gat ol kain kain song na yumi no ken wari long traum long grupim ol long wanem kain. Em mas gutpela tasol." Lecrae em stap antap stret nau, long ples olsem we tupela rot bung.

Wanelpa samting em stat olsem wanelpa wei long skulim ol yut insait long wanelpa kalabus bilong ol yut, nau em kamap bikpela misin long ol

plantii kantri. Long singsing bilong en, Lecrae em klostu long kamap nambawan. Em mekim 7-pela namba wan song, na tupela "mixtape" em winim wanelpa Grammy Award na kisim bikpela kontrakt wantaim Red Distribution/Sony Music we ol laikim musik kompani 'Reach Records' Lecrae em seaholda bilong en. Em mekim planti song.

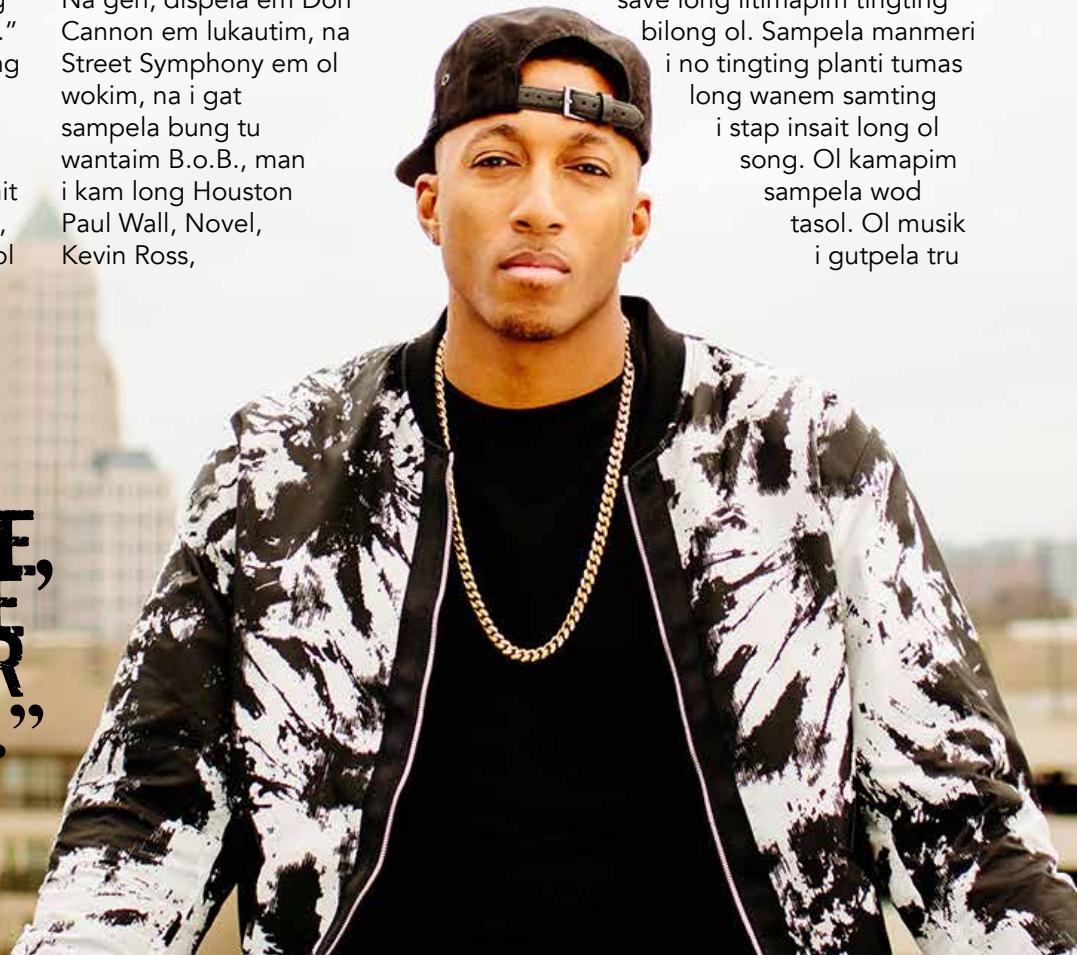
Long wanem em gat biknem wantaim musik bilong en, Lecrae em kisim wanelpa askim long bung wantaim ol 'hip-hop' lain "Rock the Bells Tour," long 2013. Em bung wantaim planti ol 'hip-hop' biknem olsem, Wu-Tang Clan, Rakim na Common na ol sampela lain planti ol laikim em Kendrick Lamar, J.Cole na Juicy J.

Na tu em mekim narapela song, em Church Clothes 2, em bihainim namba wan 'mixtape' bilong en. Na gen, dispela em Don Cannon em lukautim, na Street Symphony em ol wokim, na i gat sampela bung tu wantaim B.o.B., man i kam long Houston Paul Wall, Novel, Kevin Ross,

Crystal Nicole, King Mez na tupela i wok aninit long wanelpa musik kmpania, Derek Minor na Tedashii. Ol lain i winim Grammy-award, Boi-1da, David Banner, Thalnna Circle, Dirty Rice na Tyshane ol wokim dispela 'mixtape'.

Ol dispela kain musik em pulim ol kain kain manmeri i laikim tumas, na sampela i mekim music insait long haus bilong ol na tu ol sampela em ol biknem insait long musik bisnis. Lecrae em painimaut na em laikim dispela bilong wanem em wanelpa sans bilong en. "Wanelpa tisa bilong mi, em tok 'Lecrae, yu no wanelpa man i wok insait long bisnis i mekim ol liklik samting, yu wok insait long bisnis i laik hamamasim ol manmeri. Sapos yu lukautim ol manmeri, ol bai lukautim yu.' Na olsem, mipela no tingim long salim ol CD tasol, mipela traum long lukautim ol manmeri - Givim ol sampela tok save long litimapim tingting bilong ol. Sampela manmeri i no tingting planti tumas long wanem samting i stap insait long ol song. Ol kamapim sampela wod tasol. Ol musik i gutpela tru

**"IF YOU  
LIVE FOR  
PEOPLE'S  
ACCEPTANCE,  
YOU'LL DIE  
FROM THEIR  
REJECTION."**



em i gat ol kain kain samting i kamapim em, olsem pasin na save bilong manmeri i kamapim, na i gat ol bikpela tingting o pilim ol i kamapim tu. Ol nambawan musik tru em i gat dispela olgeta i stap insait, na em ol lain i raitim i putim strongpela toktok, ol i putim pasin na save bilong ol, na ol i putim bikpela tingting o pilim we i bai litimapim tingting.

Sampela musik nating em bai inap kam antap long sotpela taim tasol dispela ol gutpela kain musik ol no inap lustingting long en. Em bai stap oltaim oltaim," Lacrae em tokaut. Tasol em no laikim musik bilong en i bilong ol sios lain tasol. Em tok olsem, "Sapos wanelala man i givim kaikai long wanelala tarangu man, yu no inap save long wanem as em givim dispela kaikai, tasol dispela tarangu man bai hamamas long dispela kaikai. Long taim mi wokim musik bilong mi, ol manmeri i laik pilim bilip bilong mi, ol les long harim musik nating. Na olsem, yumi ken singsing long ol sampela bikpela toktok olsem, lain i no gat papama-ma, o lain i stap long kalabus, taim bilong marit, o taim bilong karim bebi, o sampela birua i kamap namel long sampela manmeri. Em tru olsem mi gat narakain tingting mi save yusim taim mi lukluk na kisim save long olgeta samting, tasol planti manmeri i save long ol dispela bikpela toktok na yumi i ken bungim tingting." Na em luk olsem wanelala man em save long wanem rot em bihainim, na em kam klostu na em tokhait long mi, "Taim yu senisim tingting bilong ol lain i gat pawa long senisim tingting bilong ol narapela, em nau, yu bai inap senisim kastom na kalsa."

UNASHAMED

"IF YOU LIVE FOR PEOPLE'S  
ACCEPTANCE, YOU'LL DIE FROM THEIR  
REJECTION."

Sapos yu gat sans, ritim nupela buk bilong Lecrae em "UNASHAMED".

Lecrae autim tingting long ol kain toktok olsem; bagarapim pikinini, ol drag, dring, ples bilong halivim ol drag na dring lain, rausim bebi long bel na pasin bilong traum long kilim yu yet.

Lecrae em painim bilip long Jisas na em save askim God long givim tok orait long laip bilong en. Nau, em wanelala biknem em stap antap long ol musik resis, na em no gat waru long ol lain i tognogutim em, na em sindaun gut wantaim wok bilong en. Dispela hip-hop musik man em autim toktok long ol kain kain tokhait long laip bilong en. Em bekim ol lain husait save skelim wok bilong en, na em soim yumi sampela buk em raitim long han bilong en yet long makim ol wok bilong en em mekim long wanwan de. Em soim yumi olsem wanem long stap kristen manmeri insait long kantri bilong yumi tude.

Dispela em stori bilong wanelala man na rot bilong en long bihainim bilip na laip bilong en yet.

SAVING VIBES



# Dei bilong Papa

By Reuben Mete

"Sapos man i bilip stong long mi, Bikpela, na i save mi tasol mi inap halivim em, orait bai mi mekim gut tru long dispela man." (Jeremiah 17:7) - (Buk Baibel, Bible Society of PNG, 1989)

## Litani (beten) bilong dei bilong ol Papa

Litimapim nem bilong Bikpela, gu wokim mipela na gu sambai long mipela na halivim mipela kamap gut: Yu lukautim mipela long oltaim, na givim laip long ol na laikim olgeta samting gu bin wokim. Bipo, bipo tru mipela save yu em 'Papa bilong mipela', na olgeta famili bilong mipela i kam long yu.

Ol papa bilong mipela i laikim na lukautim mipela na em dispela em soim mipela ol kain laikim na lukautim bilong Yu.

Mipela tok tenkyu long ol papa husait ol traím hat long skelim wok wantaim lukautim famili bilong ol. Na ol mekim dispela wok na ol save stret olsem sampela taim ol bai kisim bikpela hamamas na sampela taim em hatwok.

Mipela beten long ol papa husait i kamap gutpela papa tru, tasol ol yet i no bin i gat gutpela papa.

Mipela tok tenkyu long ol papa husait i no halivim pikinini bilong ol taim ol i liklik, tasol ol save halivim na sapotim ol taim ol kamap bikpela pinis.

Mipela tok tenkyu long ol papa husait i brukim marit tasol ol save bung wantaim na sapotim pikinini bilong ol o ol lukautim pikinini stret. Na tu ol papa husait i kisim na lukautim pikinini bilong ol narapela tasol na ol halivim ol long abrusim birua.

Mipela tok tenkyu long ol papa husait i maritim wanpela meri husait i gat pikinini pinis, tasol papa em lukautim pikinini bilong meri gut na kisim laik na rispekt bilong ol piknini.

Mipela askim gu long blesim ol papa husait i lusim pikinini em indai, na dispela ol tarangu papa i wari yet long pikinini bilong ol.

Mipela laik tok tenkyu tu long ol man i no gat pikinini tasol ol tingim olgeta pikinini bilong bihaintaim olsem em ol pikinini bilong ol yet. Mipela tok tenkyu long ol man husait i bin lukautim na skulim yumi olsem papa bilong yumi. Mipela askim gu long blesim ol man husait i klostu long kamap papa; mipela laikim ol i mas hamamas wantaim pikinini bilong ol. Mipela tok tenkyu i go yet long ol papa i indai pinis tasol mipela tingim ol yet.

Mipela laikim ol papa bilong mipela pulim mipela klostu moa long Yu, na stretim mipela i kamap wankain Pikinini bilong Yu, Jisas, Bikpela bilong mipela.

Reuben Mete em dairekta bipo long Nesenel Yut Divisen bilong Evangelical Lutheran Church of Papua New Guinea (ELCPNG); na tu em CEO na em statim Union of Watut River Communities Association Inc, em wanpela komyuniti grup bilong Bulolo District, Morobe Provins, na em skelim ol kain bagarap na komyuniti development bilong ol Maining Kampani i stat long 2009.



Hamamas arasait

na em haitim

bikpela

win na ren

Insait

Wanpela yangpela meri husait i save raitim ol buk em autim tingting bilong en taim em bin yangpela. Em toktok long sampela pait insait long haus na em bin pret long dispela. Na tu em tok olsem nau em orait na em bihainim bilip bilong en long abrusim dispela bel hevi bilong bipo.

Long laip bilong mi, mi bin pret na mi no laikim papa bilong mi. Em bi wanpela paitman na em bel kros long mama bilong mi na bratasusa bilong mi. Wanwan nait, mipela redim mipela yet long bikpela pait long stat na bagarapim hamamas bilong mipela. Tasol, mi gat sampela hop long laip bilong mi bai kamap gutpela moa na ol bel hevi bai pinis. Taim mi bikpela liklik, dispela trabel em kamap bikpela moa. Hop bilong mi indai, na bel kros bilong mi em kamap strong. Pes bilong mi arasait em luk hamamas, na planti ol lain i ting olsem famili bilong mi em gutpela tru, na ol ting olsem laip bilong mi em nambawan tru. I luk olsem, mipela em wanpela tru tru famili stret.

Dispela ol pait i no kamapim bel hevi tasol. Em tu em bagarapim skul bilong mi. Mi ting olsem mama bilong mi em wanpela strongpela meri, bilong wanem, em save long tokim mi long pogivim papa na lus tingting long dispela pait. Taim mi winim 11 krismas, mi painim bel isi insait long sios. Na mi no strongpela tumas, tasol mi pilim sampela hamamas i kambek long mi. Taim mi bin go long sios, mi kamap strongpela moa na dispela i halivim mi long luksave long pawa bilong God.

Taim ol pait i pinis mi stat long pogivim papa bilong mi isi isi. Tude, sampela pren bilong mi painim hat long bilipim

Na olsem, No Ken Pret, Mi Stab God bilong Yu. Mi Bai Strongim Yu Na Halivim Yu; Mi Bai Holim Yu Antap Wantaim Tru Tru Han Sut Bilong Mi.

ISAIAH 41:10

dispela stori. Bilong wanem - taim mi stap long haus mi save luk hamamas olgeta taim. Nau, famili bilong mi em strongpela moa bilong wanem, God i blesim mipela.

Long taim bilong mise, wanpela pastor em tok,  
"Ol bel hevi em gutpela bilong wanem, em ol pulim yu i kam klostur long God." Dispela em tru bilong wanem mi bin i gat wanpela bel hevi na dispela em halivim mi long painim God.

Isaiah 41:10 em litimapim tingting bilong mi , na em soim mi long wanem rot long bihainim. Na olsem, No Ken Pret, Mi Stap Wantaim Yu: No Ken Wari, Mi God bilong Yu. Mi Bai Strongim Yu Na Halivim Yu; Mi Bai Holim Yu Antap Wantaim Tru Tru Han Sut Bilong Mi.

## Sampela samting long tingting long ol....

Insait long stori bilong mipela, mipela bai yusim wanpela rot em SALENS, SOIS, KAMAP PINIS. Luksave long salens, wanem sois (gutpela o no gutpela) em kam long dispela salens na wanem samting i kamap pinis.

Lukim ol askim aninit na painimaut sapos yu bai inap luksave insait long stori, Hamamas arasait na em haitim bikpela win na ren insait.

1 Wanem em ol salens insait long haus, bilong dispela meri husait i raitim ol buk?

2 Olsem wanem em stretim dispela salens. Em mekim wanem bikpela sois?

3 Wanem samting i kamap taim em mekim sois long stretim dispela salens.

# BIKHET NABAUT WANTAIM ALKOHOL

Em i gat planti ol yanpela manmeri tude, i save dring alkohol, na sampela i yangpela tumas. Yangpela manmeri i gat planti as long mekim dispela bikhet pasin. Sampela taim em ol pren bilong ol i bosim ol, sampela taim ol laik hamamasim pren bilong ol, na sampela taim ol dring na giaman olsem em ol no yangpela. Sampela i tingim alkohol em halivim yu long hamamas na lustingtong long ol wari na traيم lak.

Planti taim em bilong wanem ol ting olsem dring em wanpela rot long abrusim olgeta wari. Tasol, yu mas luksave, sapos yu ting olsem alkohol bai kilim pen bilong yu, bihain em i ken kilim bilip, bodi na het bilong yu i dai tu. Lukim sampela kwesten ol yangpela i save askim long alkohol na kisim save long alkohol insait long PNG.

Umm...°

## MI GAT WANPELA ASKIM?

1

Wanem krismas bai yu inap winim  
sapos yu laik dring bia insait long lo

bilong PNG.  
Insait long Papua Niugini, yu bai inap dring na baim alkohol sapos yu winim 18 krismas. Bipo long dispela em yu bai brukim lo.

2

Olesem wanem ol makim 18 krismas  
bilong yu long stat long dring?

Sapos ol yangpela i stat long dring aninit long 15 krismas, em ol i gat 5-pela moa sans long bagarapim bodi long ol lain i stat taim ol winim 21 krismas. Wanpela lukluk ol raitim insait long Archives of Pediatrics & Adolescent Medicine i soim olesem 47% long ol yangpela i stat long dring bipo long 15 krismas, em ol pilim dispela wari we dring i save bosim ol. Na long ol lain i stat long dring bipo long 21 krismas em ol 9% tasol i kisim dispela birua.

3

Ol pren bilong mi i tok olsem,  
"Em smat long dring sapos yu  
no dringim planti tumas." Na  
olesem hamas em tumas?

I no gat wanpela mak long dring we i seif tru bilong olgeta manmeri olgeta taim. Bilong olgeta lain, "seif" em olesem no ken dring olgeta.

Maski tasol ol liklik dring, olesem 1 o 2-pela dring, em bai inap senisim tingting bilong yu. Em bai senisim tingting we yu bai inap tingim olgeta samting i orait na yu no inap skelim ol samting gut.

4

Alkohol lusim bodi bilong yu olesem  
wanem?

Bihain em go insait long blut bilong yu, ol kidni bilong yu bai inap rausim 5% pastaim na salim i go insait long pispis bilong yu. Ol waitlewa bilong yu rausim 5% we yu winim i go arasait (long sampela kantri ol polis i yusim dispela win long skelim hamas dring yu bin kisim taim yu raun long kar bilong yu). Na lewa em senisim 90% alkohol i kamap suga. Na em senisim wanpela dring long wanpela aua, na no gat wanpela wei long hariapim dispela.

OL GUTPELA SAVE  
BILONG  
SOLOMON.

"Dring wain bai yu bikhet, dring bia bai yu tokpait - na wanpela spak man i airaun na wokabaut em no gutpela long hamamas wantaim em."

- Proverbs 20:1 (The Message)

# Myths and Facts

## Around alcohol consumption



### MYTH

Black coffee, cold showers, exercise or vomiting helps people sober up quickly.

### FACT

None of these reduce alcohol in the blood.  
**ONLY TIME CAN HELP.**  
The liver takes more than an hour to break down one standard drink of alcohol.



### MYTH

There's no problem with an occasional binge session.

### FACT

Five or more drinks in one session is binge drinking. Binge drinking is harmful, results in acute intoxication and serious health risks. **AGGRESSION AND VOMITING ARE NOT MACHO OR COOL!**



### MYTH

Drinking kills brain cells.

### FACT

Alcohol disrupts brain function in adults by damaging message-carrying dendrites on neurons in the cerebellum, a structure involved in learning and motor coordination.

# TOK KLIA LONG ALKOHOL

## Alkohol insait long Papua Niugini

Alkohol em stap longpela taim tru - sampela tausen yia. Ol manmeri bilong taim bipo long planti kantri olsem Egypt, Gris, Saina na Babylon ol save dringim. Sampela taim em bilong hamamas na sampela taim em long marasin. Planti ol kantri bipo i gat planti as long dringim alkohol.

Tasol, yumi ken toktok long alkohol insait long PNG. I luk olsem long ol tumbuna taim long yumi i nogat sampela stori long Papua Niugini o ol narapela Pasifik kantri i save long mekim alkohol. Dispela em kamap bihain long 1800, taim ol Yurop lain i kam. I no gat planti alkohol long PNG inap long 1950 bilong wanem planti tambu i stap.

Long 1963, gavman i givim tok orait long ol lain i winim 18 krismas i ken dring alkohol. Bihain long 8-pela yia, ol wokim wanpela stadi long traim long kisim save long wanem samting bai kamap long taim bilong dringim alkohol. Tasol long dispela taim, dispela stadi ol no inap wokim gut. Long 1990, ol PNG Ministri bilong Helt na ol Western Pacific Regional Office long ol World Health Organization wok wantaim long mekim wanpela bikpela stadi, na long dispela taim ol save gut long ol kain kain birua i ken kamap taim ol dringim alkohol.

Taim PNG i wok long kisim Independens long Australia, ol lain bilong tupela kantri i laik dringim alkohol wantaim. Em ol dispela nupela kandere, i laik maikim tupela kantri i wankain, na olsem pasin bilong dring wantaim em wanpela mak bilong dispela nupela pren. Tasol nau, pasin bilong dring em narakain na i no gutpela tumas. Olgeta manmeri nau i ken baim alkohol, na ol lain i wokim i pulim ol yangpela long baim. Na olsem, insait long liklik nesen bilong yumi, Papua Niugini, dispela stori bilong alkohol i no stap longpela taim.

Em klia olsem dispela wari we dring i save bosim ol em i no nupela samting. Bodi na het bilong yumi i bin kisim bagarap bilong alkohol long planti tausen yia. Na ol famili, bosalain na ol komyuniti i bin pilim dispela birua. Sapos yu wanpela yangpela manmeri, na kantri bilong yu i gat nid long yu, dispela pasin dring, em sois bilong yu. Bai yu dring tu na apim ol birua i kam wantaim alkohol? O bai yu sanap na tok nogat, na painim sampela narapela wei long stretim ol wari bilong yu olsem kisim halivim i kam long ol pren bilong yu? Na bai yu mekim sampela dei em ol "Dei i no gat Alkohol"?

## WAYS YOU CAN SAY NO!

"TODAY IS MY AFD" (ALCOHOL FREE DAY)  
"I'M GIVING MY LIVER A HOLIDAY"  
"I CAN'T AFFORD TO LET MY BRAIN SHRINK ANYMORE"  
"I DON'T DRINK, BUT THANK'S ANYWAY"  
"THANK'S BUT ALCOHOL AND I DON'T MIX"

## 1 Tingting long wanem kaikai em gutpela

Tarangu olsem tude yumi bisi tumas na yumi save kaikai hariap, yusim liklik moni na kaikai i no gutpela long helt bilong yumi. Dispela tarangu pasin bai halivim yumi long kisim sik na indai. PNG i gat planti gutpela kaikai weyu no nidim planti moni, na em ol bai strongim helt bilong yu. Neks taim yu lukim ol kaikai i gat planti gris, olsem kakaruk wantaim sips, tingim long wanem bai kamap bihain. Sapos mi kaikai olsem, bai mi kisim bagarap long pam bilong mi?

### Stap isi

Taim ol eksam na tes i kamap, planti wok i bung wantaim na em bai givim planti wari na bel hevi long yu. Long dispela taim, yumi i gat kain kain wei long wokim, na bodi bilong yumi i ken kisim senis. Sapos yumi gat planti wari tumas, em hat long yumi long stretim na dispela bai daunim ol narapela 3-pela gutpela pasin na em i ken mekim hat long yumi long wokim sampela wok.

1. Tingting long dispela: Stretim laip na wok bilong yu, na kamapim wanpela pepa i bai stiaim taim bilong yu. Insait long dispela pepa, makim hap namba 2 (em pasin bilong eksasais na raun planti) bilong wanem bodi bilong yu em nidim eksasais long halivim blut bilong yu long wok gut.

# Strongim Laip

Laip i gat helt: 4-pela gutpela pasin



Sapos yu yangpela o lapun, pasin bilong kaikai ol gutpela kaikai, na mekim sampela eksasais em ol bikpe-la samting long stap strong na helti. Dispela em tru bilong ol yangpela bilong wanem em ol bai halivim ol long kamap strong taim ol i bikpela. Em bai halivim bodi, het na pasin bilong ol. Yu save pinis olsem i gat 4-pela kain pasin long stap strong? Yu bai lukim ol dispela samting bai bung wantaim long halivim yu.

2

## Pasin bilong eksasais na raun planti

No ken tingting olsem eksasais na pasin bilong raun raun em min olsem yu mas baim fi na go long haus bilong eksasais, o ron planti long wanwan dei. Bihain yu bai i ken tingting long dispela, tasol pastaim yu ken mekim sampela liklik wok we em hamamasim yu na i no bikpela samting long mekim.

Tingting long dispela: Kalap kalap wantaim rop! Sapos yu gat wanpela rop em samting olsem 2.5 m, yu bai inap yusim long kalap kalap. Dispela bai hamamasim yu nn yu ken wokim long haus. Na tu, yu ken maski long yusim kar o PMV, na wokabaut tasol. Pasin bilong wokabaut em gutpela eksasais. Tlengim long mekim dispela kain wokabaut long wanwan dei, moning o apinun!

3

## Slip gut, malalo na strongim bodi

Tlengim long pasin bilong yu long slip. Bai yu wok long nait na pinisim ol wok yu ken pinisim long san taim? O bai yu save yusim taim long nait long lukim ol TV na film o pilai sampela gem long kompyuta? Sapos yu no slip gut, dispela bai bagarapim ol 3-pela narapela gutpela pasin long strongim bodi bilong yu. Na tu, em apim sans bilong yu long kisim sampela sik na bodi bilong yu bai kamap sik na bikbel tumas.



# Lukluk long narapela sait

By Tumolen Yehiwara

*"Active living" em laip we yu raun raun na strongim bodi bilong yu, tasol em no olsem mekim eksasais tasol. Em tu ol narapela pasin long laip bilong yu, na olsem wanem yu halivim komyuniti bilong yu. Harim tingting bilong Tumolen Yehiwara. Em bai toktok long laip bilong en, na em bai soim kain "sustainable living" bilong en.*

Taim yu lukim dispela toktok "active living" bai yu tingting long wanem samting? Wanpela dikseneri (Oxford Advanced Learner's dictionary) i tok olsem: "active" em wanpela samting i kamapim senis. Em no "stap nating". Na "living" em kain pasin bilong yu long laip bilong yu. "Active living" sapos yumi tingting long kain laip we i bai strong na go het longpela taim, em kain laip we yu bai halivim ol narapela long senis na ol bai tingim long laip bilong ol yet. Na dispela kain senis bai karamapim ol kain pasin olsem pasin bilong sanap na luksave long wok yu mas mekim, na olsem wanem ol wok na pasin bilong yu bai senisim pasin bilong ol narapela. Na long dispela, yu no gat nid long bungim ol narapela stret na senisim ol, yu ken raitim sampela toktok long niuspepa na senisim ol, o raitim long kompyuta na salim i go long Facebook.

Wanpela tok piksa em olsem, sapos yu laik halivim ol lain long Carteret Ailan, long Bougainville, yu no gat nid long go long dispela hap stret na halivim ol. Yu ken halivim ol sapos yu givim sampela moni long halivim ol wantaim "Carteret Campaign book drive" bilong ol. O yu ken halivim dispela Kempein sapos yu go harim toktok bilong ol yangpela lain i mekim dispela kempein. O yu ken ritim sampela kempein toksave ol salim long skul o yunivesiti bilong yu.

Sapos dispela toksave em litimapim tingting bilong yu, yu bai inap givim wanpela buk long ol na dispela bai halivim ol yangpela pikinini long Lady of the Sea Primary School em long ol Carterets.

"Active living" tu em min olsem: kamap tisa na soim ol narapela wanem kain laip na pasin yu save bihainim. Dispela i ken liklik tasol, olsem halivim ol yangpela bratasusa bilong yu long klinim haus na troimoi ol rabis, na taim yu go long wanpela famili bung, yu ken wokim ol dispela pasin tu. Skulim ol na soim ol em wanpela strongpela wei long soim

pasin lida bilong yu. Tasol, sapos yu laik halivim divelopmen insait long komyuniti na kantri bilong yu, yu mas stat long soim ol gutpela pasin nau, we ol narapela i ken bihainim yu.

Wanpela man bilong rait, Jeff Olson em raitim, 'The Slight Edge' em tok olsem..."it is never too late to start but it is always too late to wait..."

(dispela em olsem, i no gat wanpela taim we yu bai let long stat, tasol olgeta taim em let tumas long wet...")

Sapos yu wanpela manmeri husait i save soim ol narapela wanem pasin em ol gutpela pasin. Na yu soim ol wanem kain divelopmen bai halivim PNG longpela taim. Tlengim, sapos olgeta

yangpela manmeri i wokim olsem, na soim ol gutpela pasin insait long skul, sios, komyuniti na wok ples? Dispela bai senisim planti ol narapela na wanem samting i bai kamap bai i gutpela tru.

Tasol, yu mas tingim, dispela ol wok yu mas wokim longpela taim, i no wanpela taim tasol. Na bihain ol dispela pasin bai stap insait long yu. Dispela kain pasin yu no tingting na mekim. Em pasin we yu mekim nating, na yu no gat nid long tingting pastaim. Sapos yupela olgeta i gat ol gutpela paisin na yupela mekim nating, tingim, em bai gutpela yes? Tingim olsem wanem dispela ol gutpela pasin bai stap insait long olgeta yangpela manmeri. Sem olsem taim rum i dak tumas yu save onim lait. Yu no tingting pastaim. Em dak tumas na yu onim lait. Em yu save long mekim nating.

Em nidim wanpela manmeri tasol long sanap na toktok, "Yes, mi laik kamap gutpela manmeri we ol narapela i ken bihainim pain bilong mi, insait long famili, skul etc." Bai yu inap kamap dispela kain manmeri em bai halivim long kamapim "sustainable development" insait long komyuniti o kantri bilong yumi? Tingim, i gat wanpela fi yu mas baim sapos yu wokim o nogat. Na fi bilong "no wokim" em bikpela moa long fi bilong "wokim". Bai mi lusim yu wantaim dispela toktok, na dispela mi laik tingim long en taim wok bilong mi i go daun. "You cannot afford the luxury of ignorance". Em olsem, "sapos yu no save gut long wanpela samting, dispela i gat bikpela fi long en."

Dispela stori em kamap bilong wanem, dispela buk bilong, Jeff Olson em raitim "The Slight Edge"

# LIGHT BEAREE

*lukluk gut insait long lewa bilong yu*

Written by Claire Asi

Wanpela taim, long bip, i gat wanpela liklik meri. Na em luk olsem wanpela meri stret, tasol ol hap bilong en em ol planti wanwan hap na laim em pasim em ol antaim. Tasol, em gat liklik wari. Laim em yusim em i no strong tumas na ol wanwan hap nau em ol lus na ol stat long pundaun. Em pilim pen ya, na tu em no klia wanem samting em kamap. Em no save long nem bilong em yet, na em husait? Em save long ol wanwan hap i mekim em tasol em no lukim ol hap bipo we ol bung wantaim. Em no klia long nem bilong en stret.

Tasol, wanpela dei em kisim sampela tingting i klia. Em apim het na lukluk antap long skai. Em hamamas long san i paitim pes bilong en na em harim toktok bilong win tu. Em apim han bilong en na em tra'im long holimpas ol win. Em save em mas harim, em mas klia long toktok bilong ol san na win.

Wanpela maus em litimapim tingting bilong en na me sti-aim em long mekim wanpela samting. Em mas pilim pen nogut pastaim bipo em bai painim ol gutpela laim long strongim ol sktu bilong en. Tasol, pastaim em mas larim ol wanwan hap i lus na pundaun. Em no save bilong wanem em mas wokim olsem, tasol em klia em mas wokim.

Taim em larim em stat, em lukim dispela senis long laip bilong en. Em lukim ol liklik hap bilong en i pundaun i gat ol sampela naispela bilas i stap insait long ol. Taim san i kisim ol, ol save lait tru. Na em no dispela tasol i kamap. Ol liklik hap i lait, i autim wanpela samting i gutpela moa. Em tingim long wanem samting i mekim bodi bilong en, na em no ting em bai inap mekim. Em wanpela samting em harim ol stori long en. Ol bin toktok long dispela long planti yia i kam long taim bipo. Em wanpela bikpela stori na planti i no bilip em tru.

Taim em lukim, ai bilong en op stret. Aninit long ol wanwan hap em lukim wanpela naispela pam na em pait olsem dram. Dispela nau em samting i tru. Em namba wan taim long laip bilong en we em save klia olsem em wanpela meri stret na bodi bilong en em wankain ol manmeri. Em kisim save nau olsem wanem dispela trutok em i bikpela samting. Em lukim pam bilong en na em luksave

olsem em mas i gat wanelpa kuru i stap tu. Na dispela kuru bilong en em mas strongpela na em mas yusim en. Na em yusim.

Wantaim kuru bilong en, em stat long drilim i go insait long pam stret. Em go insait stret na em askim na tingim taim em go insait moa. Em lukim wanem samting em i mekem pam bilong en. Em i gat gol na ol narapela bilas i gat bikpela prais long baim. Na tu em gat ol sampela wara insait em dia tumas.

Dispela painimaut em halivim em yet, na em save nau long wanem laim em gutpela moa long bungim na pasim em wantaim gen. Dispela laim ol i kolin "Love".

Taim em yusim dispela "love" i stat long insait, em kamap wanelpa strongpela hap. Em lait planti tumas long wanwan dei, na bihain, em tasol ol lait i stap. I no gat sampela tudak i stap. Dispela stori i raun long olgeta nesen. Ol i kolin em "Meri i Holim Lait Antap". Ol manmeri i bruk bruk ol kisim lait bilong en. Na dispela em soim ol long wanem rot long bihainim. Ol lusim ol laim nogut ol i bin yusim, na ol larim ol liklik wanwan hap bilong ol i lus na pundaun. Na ol tu ol lukim tru tru lewa i stap insait na ol pulim dispela tru tru laim "LOVE" i stap insait. Wanpela bikpela bung i stat na planti ol lain i holim lait antap i kamap long

KAI KAI BILONG  
TINGTING



**A Nation Cannot Be Built on  
Broken People. The World Cannot Be  
United on Fragmented Nations. The  
Universe will only be complete when the  
World is Whole. Surrender and choose Love.**

olgeta hap graun (ol i kolin Planet Earth).

Na ol lain arasait long "Planet Earth" bilong yumi (ol i kolin "Yunives") ol tu ol lukim dispela strongpela lait bilong i kamaut long olgeta hap graun bilong yumi. Yunives em lukim dispela na em save em no anpela giaman samting olsem ol "satellite" i raunim "Planet Earth". Na tu em no lait i kambek long ol wanwan sta long skai. Long hap bilong Yunives stret, ol lukim dispela lait na pawa em strong na em muv nabaut na ol save dispela lait em ol manmeri. MANMERI!

Na bihain, Bikpela em wokim olgeta Yunives em tokaut strong.

"Wanpela Nesen i no inap Kamap Gut Sapos ol Manmeri insait ol i Bruk. Olgeta Hap Graun i no inap Bung Wantaim sapos olgeta Wanwan Nesen i no Bung Wantaim. Dispela Yunives bai stap Strong Taim Olgeta Hap Graun em Wanpela Hap. Orait, yu mas Kisim "LOVE"

*Tingim Bek*

Long hia i gat sampela askim mipela tingting i bai kamap taim yu bin ritim dispela stori.

1 Wanem em as bilong dispela ™drilim i go insait long pam o lewa bilong yu?

2 Wanem em astingting long dispela stori?

3 I gat ol manmeri i holim lait antap long olgeta hap. Sampela em ol papamama bilong yu, o sampela em ol pren o tisa. Bai yu inap luksave husait em ol holim lait antap insait long laip bilong yu?

**YU YET HOLIM LAIT ANTAP!**  
Sapos yu painimaut yet na drilim i go insait long lewa, em wok bilong yu i mas go yet. Tasol sapos yu wanpela i holim lait antap, na yu gat ™love i stap, orait, yu tu i mas i gat gutpela save tu. Long hia, em wanpela stori long Buk Baibel, em bai gutpela long yupela long painim na ritim.

Toktok bilong Job long ol manmeri i gat save - Job 28



Abrusim ol Waira

Sampela manmeri onlain ol  
save giaman long nem bilong  
ol. Sapos yu no save long  
wanpela manmeri onlain, no  
ken bekim ol, o toksave long  
Sampela narapela.

Pasin bilong yusim ol onlain rot long autim toktok olsem Facebook em i gat planti wei long salim ol toksave nabaut. Sampela ol save yusim em

habitat. Sampela ol save yusim em Twitter, Instagram, Facebook, na Snapchat na ol wanwan i narakain wei long autim toksave bilong yu, na bung wantaim na salim i go long ol pren o long ol narapela lain. Planti ol lain i save yusim dispela kain rot laip bilong ol em wankain sapos ol stap yet long kompyuta o noqat.

*Larim sampela tokhait bilong yu i  
em bil-  
stap hait*

Nem bilong yu, adres, telipon namba  
na hamas moni papamama bilong yu  
i save mekim. Ol dispela i mas stap  
hait.

**OLGETA TAIM skelim gut ol**  
"security settings"  
ol "security" na "privacy"  
aim yu ken painim  
"About Us" C  
ol lo na  
is

Bikpela samting long yusim ol onlain rot long salim toksave em olsem spid bilong dispela toksave i go aut na em bai kisim planti manmeri. Na ol yang-pela i ken yusim dispela save i kam onlain long strongim paip bilong ol, na dispela kain rot long kisim save em i narakain long ol rot bilong bipo.

Larim sampela tokhait  
bilong yu i stap hait

Ol samting yu no inap  
wokim long laip bilong yu,  
no ken wokim onlain.

Na olsem, inap long dispela toktok nau. Hia mipela autim sampela gutpela samting na sampela samting i no gutpela long yusim dispela kain rot long autim toktok. Tingim ol dispela taim Yu tokaut onlain.

**Putim sampela mak banis**  
-lsem tude, sampela  
ia na sampel  
-ma

**Putim sampela mak banis**  
Save gut olsem tude, sampela laik ka-  
map ol pren onlain na sampela wokim  
"offline". Putim ol sampela mak we em  
klia longolgeta pren onlain long wanem  
samting ol ken wokim na save long ol, na  
wanem samting em ol tambu. Sapos yu  
no klia, askim ol famili o wanpela savelain  
long halivim yu.

# NETTOUETTE



Lik lik moa tok tok long ol SDGs

# NOKEN LUSIM WANPELA BIHAIND

Sastenabel Development Gols long Papua Niugini

Yumi ol manmeri bilong Papua Niugini i harim planti totkok long kantri bilong yumi i mas lukluk long kirapim senis bilong gutpela sindaun.

Tasol, sampela taim sistem bilong bringim senis i hard na yumi faoul liklik long wanem kain sensis long kirapim and how stret yumi ken bringim senis long planti manmeri.

Gutpela tru olsem long mun Septemba 2015, olgeta het manmeri bilong world-wantaim halivim bilong United Nations, wanbel long niupela wei bilong wok ol i kolin 'Sastenabel Development Gols' (SDGs). SDGs i gat 17-pela gols bilong kirapim gutpela senis.

Ol dispela gols i bilong olgeta kantri na bilong yumi tu.

PNG em wapela bilong ol kantri we United Nations i makim long kisim tingting bilong yumi long kamapim ol dispela gols. Moa long 3,000 manmeri long PNG i bin givim tingting long kamapim dispela ol gols long kain senis ol laikim longples, kantri and international level.

Ol dispela tingting i halivim tingting bilong kamapim dispela SDGs. Ol SDGs i kamap long tingting na wok bilong Millennium Development Goals (MDGs). SDGs i gat 17-pela niupela gols we i aim lo daunim kainkain level bilong hard laif, glasim gut wok bilong climate change na ol narapela wok bilong bringim senis. Ol dispela wok long 'Noken lusim wanpela bihaind' - em samting yumi Papua Niugini i save gut tru long en. Em hia ol 17-pela SDG gols:

## THE GLOBAL GOALS For Sustainable Development



Yes, yumi save painim planti ol dispela hevi. Olsem na ol dispela 17-pela SDGs em glasim gut ol dispela hevi na halivim yumi long rot bilong senis. Gavman bilong yumi em sainim tok promis pinis long wok long ol dispela SDGs and bai report bek bihaind long 15-pela yia long yia 2030 long wok em i mekim long em. Bikpela rot long kamapim dispela ol sensis em long yumi olgeta wok bung wantaim ? em ol Gavman bilong pr ovinsial na nesenal level, development partners, ol Sios, NGOs, naolgeta narepela ol civil societies.

## SENISEM I MAS START WANTAIM YUMI OLGETA

Yumi olgeta manmeri na long olgeta level bilong Gavman, wok i stap lo han bilong yumi long karaipim and sensim sindaun bilong yumi. Dispela ol SDGs em sans bilong yumi lo mekim sampela bikpela senis long kominit i bilong yumi.

Olsem na start long kominiti bilong yu yet long luksave long hevi ol mama, papa, yangpela manmeri, ol pikinini, ol manmeri wantaim disability na ol narapela klostu long yu i gat na lukluk long wanem SDGs stret bai helivim you long kirapim senis long ol.

Bungim kominiti bilong yu long pasim tingting and wok bung and singaut long Gavman na ol narapela long sampela halivim.

Long 2013, 4-pela kominities nem bilong ol: Musendai long East Sepik, Trolga long Western Highlands, Domil long Jiwaka na Sibalai long Milne Bay i sowim pinis sampela wok senis. Ol i bin wok bung wantaim ol kominiti lidas, Gavman lidas and ol international organisations long sapotim ol long kirapim senis.

Ol i putim wok-mark na kisim sampela moni long kirapim wok. Wanpla kominiti i wokim bigpela tapioka gaden bilong wokim flour na kaikai bilong kakaruk, na narapela wokim risos centa bilong helt, we i helivim planti manmeri. Ol wok bilong ol dispela kominitis i kamapim gutpela resalt long wok bilong Millennium Development Goals, nau SGDs i kisim ples bilong em.

## NOW EM TAIM BILONG ACTION!

## WANEM SAMTING STRET YOU INAP WOKIM LONG SAPOTIM WOK BILONG SDGS?

**TAIM OL MANMERII WOKBUNG WAN-TAIM OL I KEN KAMAPIM SAMTING LONG NATING...EMTRU OLSEM TAIM OL PIPOL I STAP WANBEL NA WOK BUNG WANTAIM, OL I KEN WOKIM SAMTING WE I LUK HAT LONG EM.**  
Kominit i lida bilong Domil ples





GET Writing!

# YU LAIK RAITIM SAMPELA STORI BILONG CLEAN GENERATION TOK?

*Mipela hamamas long kisim ol stori na tingting bilong yupela!*

Olgeta taim mipela painim ol stori i kam long ol yangpela manmeri husait i laik autim tingting bilong ol. Mipela tu i hamamas long kisim stori i kam long ol lain i soim ol gutpela pasin na stiaim ol yangpela long bihainim ol gutpela rot. Na tu, mipela laik harim long ol grup i mekim wok long halivim ol yut tu.

Sapos mi gat wanpela stori, bai mi salim toksave i kam long husait?

Sapos yu gat laik long raitim wanpela stori bilong mipela, o yu wanpela tisa, yut lida o pasta, na yu ting olsem ol yanpela lain bilong yu bai inap salim sampela stori tu, orait, yu ken salim i kam long: Communications & Marketing tim, em ol lain i lukautim dispela buk.

Mipela bai hamamas long toktok wantaim yu pastaim na halivim yu long kamapim stori bilong yu.

Email: info@thevoicepng.org | Phone: 7203 2055 | Address: P.O Box 224, University, N.C.D

Stori bilong yumi, em mas hamaspela pes?

Mipela i save kisim ol stori i wanpela pes tasol.

Glasim stori

Tingim, mipela bai glasim stori bilong yu bipo mipela salim dispela buk i go long olgeta manmeri arasait.

Wanem kain stori bai mi salim i kam?

Mipela laikim ol stori i kam long laip bilong yu stret. Ol samting yu lukim na luksave long laip bilong yu na ol skelim yu mekim. Wanpela bikpela hap long dispela liklik buk em long askim ol yangpela manmeri long autim ol stori i go long ol narapela yangpela, na olsem mipela laikim tru taim yupela wokim olsem.

Sapos yu laik raitim wanpela stori we i no samting i kam long laip bilong yu stret, yu mas skelim stori bilong yu gut. Yu mas skelim sapos ol samting yu raitim em tru tru. No gut yu raitim sampela samting i no tru. Sapos yu laik painimaut olsem wanem long mekim dispela kain stori, askim mipela pastaim na mipela ken halivim yu.

Nem bilong yu/ maski long putim nem bilong yu

Sapos yu hamamas long putim nem bilong yu insait long liklik buk, em gutpela! Sapos yu laik bihainim dispela kain wok long laip bilong yu, sapos yu bin raitim sampela stori pastaim, dispela bai halivim yu long go het. O sapos yu laik raitim stori nating na sanapim nem bilong yu long sotpela taim tasol - em tu i orait.

Na long narapela tingting, sapos yu les long ol lain i lukim nem bilong yu, na yu laik haitim nem bilong yu, toksave long mipela na mipela bai no inap autim nem bilong yu.

Format?

Ol stori bilong yu i mas i gat stat long ol, na stori long namel, na pinis long en.

Ol hap stori long stat em bikpela samting. Dispela hap em bai pulim ol lain i ritim i kam insait long stori bilong yu. Em redim ol long wanem samting bai kam bihain na em bai strongim laik bilong ol long rit i go i go.

Na ol tok pinis em i ken wanpela o tupela sentens. tasol em bikpela samting yu mas tok klia long ol na ol bai inap save gut long tingting bilong yu na as bilong stori bilong yu. Dispela tok pinis i mas bungim ol toktok bilong yu na tok klia long astingting bilong yu. Taim ol ritim pinis, ol lain bai i mas hamamas.

**its OUR  
time**

CLEAN GENERATION CAMPAIGN

**CLEAN**   
**GENERATION**

# SUSTAINABLE DEVELOPMENT GOALS



*Empowered lives.  
Resilient nations.*

This Tok Pisin edition of the Clean Generation Tok is supported  
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