



Preface

By Hon. Jerome LUDVAUNE, Minister of Health

I am pleased to present the Third Edition of the Evidence Based Guidelines in Family Planning for Health Workers in Vanuatu. The people of Vanuatu live in the islands. Some parts of the islands are easily accessed by road, air and sea, others are more difficult and most women who live in the hardest rural areas are badly missing out from receiving Family Planning services. Even in urban areas, many women are not well informed of Family Planning services. I ask the Ministry of Health to continue to take the lead in ensuring that necessary steps exist to meet the Family Planning needs of the population of Vanuatu. Many young families would have wanted to make the right choice in planning their family size, still they do not have access to information to make that choice. The Family Planning guideline is such a comprehensive document and captures the essential policies and standards of practice for Family Planning in Vanuatu.

Family Planning plays a key role in helping people and especially women benefiting from socio-economic opportunities. It helps women to make the right choices of having lesser children, going for higher education and becoming leaders in the country, it empowers women to participate in economic building of the country, it helps women contributing to decision making at all levels of the society. As the Minister of Health, I call on the Health Workers to think well on this and take time to read the guideline and help to reach out to our young women throughout the country make a small difference in their lives. The small choice they make will contribute to a major change in the work of Family Planning in the country in the next five years and beyond.

Honourable Jerome LUDVAUNE (MP)
Minister of Health





Acknowledgements

The development of this Comprehensive Family Planning Trainer's Guide is based on the Vanuatu Reproductive, Maternal Newborn Child and Adolescent Health Policy and Implementation Strategy for 2017-2020, Vanuatu National Family Planning Guideline 2016, Vanuatu National RH policy 2015 and the National Population Policy 2011-2020. The Guide is designed to help Health Care Professionals understand it and be able to teach and educate other health workers in Family Planning. It is to be used together with the Family Planning Participant's Guide.

I would like to extend the Ministry of Health special appreciation and gratitude to Dr. Sophaganine Ty, the Consultant who developed the Trainer's Guide without whom it would not have been in its present form. The Trainer's Guide has also benefitted from the contributions of many people working as a team from the Ministry of Health, UNFPA, UNJP RMNCAH and different organization. The members of the team are:

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I take this opportunity to invite the Ministry of Health to use the Trainer's Guide and train as many health workers in the country upskilling them to a level where they are able to provide Family Planning services to the people of the country. Let us all work together and give positive values to the health of our people for brighter future.


 George Taleo
 Director-General
 Ministry of Health

