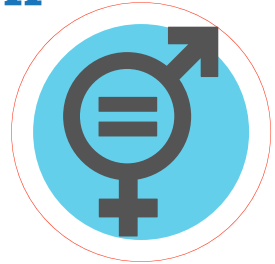




SUSTAINABLE DEVELOPMENT GOALS

UNDP Turkmenistan



Mainstreaming of gender-responsive approach into healthcare projects

in support of the implementation
of the National Action Plan
for Gender Equality in Turkmenistan
for 2021-2025

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WHAT IS HEALTH?

Health - is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity.



The main task of the healthcare system is to improve health of the population.

BIOLOGICAL SEX AND GENDER

Sex and **gender** - are not the same, but cannot be discussed independently of one another. And they both play an important role in the process of achieving the highest level of health.

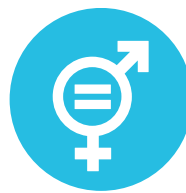


WHAT IS SEX?

Sex refers to the different biological and physiological characteristics of males and females, as:

- reproductive organs,
- chromosomes,
- hormones, etc.

Sex explains the DIFFERENCE of our bodies and the need for different treatment approaches.



WHAT IS GENDER?

Gender refers to the social constructed characteristics of males and females as:

- norms,
- roles,
- relationships within

and between groups of males and females.

It explains HOW and WHY the health system affects the health of females and males, girls and boys differently.



WHAT IS GENDER BIAS?

Gender bias in the health care system manifests in following situations:

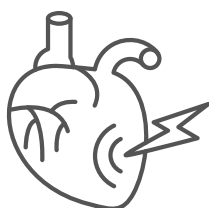
- females and males with the same needs are treated differently:

Females are more likely to be diagnosed with depression than males, even if they have identical symptoms.



OR

- females and males with different needs are treated the same:



Males are more likely to be diagnosed with a heart attack because symptoms in females are not "typical".

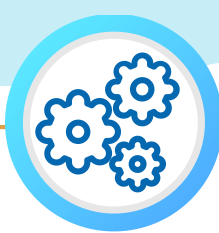
Health system today should continuously identify and address the differing needs and situations of females and males, girls and boys, of different age, socio-economic, geographic and other characteristics.



**LEAVE
NO ONE
BEHIND**

How? By mainstreaming a gender-responsive approach in the health sector.

Mainstreaming a gender-responsive approach is the process of assessing the implications of any planned action (at all levels: legislation, policies, programs, services in all technical areas at all levels) for males and females, boys and girls.



MEASURES TO ENSURE GENDER EQUALITY TAKEN AT THE STATE LEVEL

To mainstream gender-responsive approach in all spheres, the Government adopted the National Action Plan for Gender Equality in Turkmenistan for 2021-2025.



- Integrates gender and health equity goals into national development plans, health strategies and multisectoral action plans;
- Ensures that the gender impacts as a determinant of health (a reason that affects the possibility of promoting health and forming a healthy lifestyle, as well as the nature of the development, manifestation and consequences of diseases) is included in gender equality strategies;
- Contributes to monitoring the collection of gender- and age disaggregated data on health-related SDG targets;
- Expands the experience of policy makers on gender equality and health issues;
- Strengthens collaboration and partnerships between the health sector and civil society, in particular with organizations active in the field of empowerment of women and people with disabilities, as well as in the field of reproductive health and violence prevention.



UNDP IN TURKMENISTAN

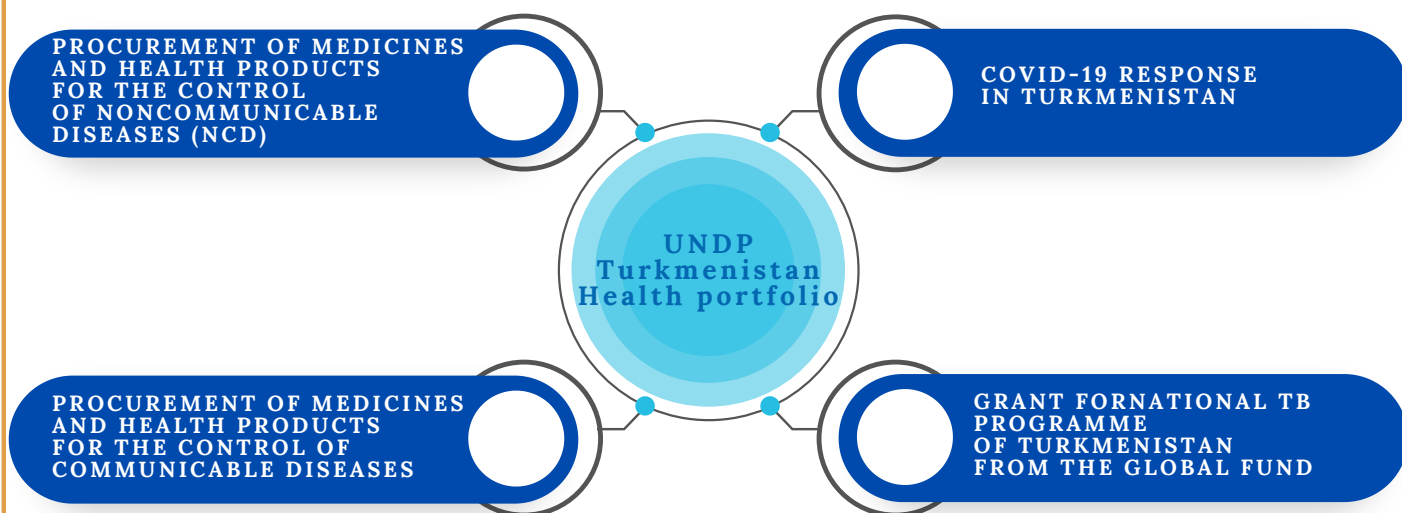
The United Nations Development Program in Turkmenistan supports the Government of Turkmenistan in the implementation of the National Action Plan for Gender Equality for 2021-2025 in accordance with the UNDP Gender Equality Strategy for 2022-2025.



THE ROLE OF UNDP IN PROMOTING GENDER EQUALITY AND GENDER-RESPONSIVE APPROACH IN HEALTH PROJECTS

Gender equality is a fundamental human right and a necessary foundation for peace, prosperity and sustainable development, as recognized in the Agenda 2030. Gender equality is central to mandate of UNDP.

UNDP Turkmenistan is committed towards gender mainstreaming across its portfolio, thus contributing to acceleration of gender equality and SDGs.



The portfolio of UNDP Turkmenistan projects in the health sector supports the Government of Turkmenistan in provision of:

- Treatment for breast cancer and other gynecological cancers, the leading causes of cancer death among women.
- Treatment for obesity, thyroid disease, and other endocrine disorders more common in women.
- Treatment for cardiovascular disease, the leading cause of death among men.
- HIV tests and male condoms to risk groups.
- Psychosocial support through partner organizations to MDR TB patients and caregivers of MDR TB patients with a focus on women.



WHAT CAN YOU DO TO PROMOTE GENDER-RESPONSIVE APPROACH?

Anyone can contribute to the gender mainstreaming promotion at any level.



Detect gender bias and stereotypes.

We all have bias and stereotypes, and they can be conscious or unconscious. Notice in which situations you are gender biased and in which you are not.

Listen and be mindful.

Learn to listen to others with open mind and see things from other people's perspective.



Study more information on possible ways to eliminate bias and gender stereotypes:



- explore your bias and the situations around you;
- discuss it with friends and colleagues;
- study information online and offline.

Act!

If you witness discrimination or abuse, report it.



IF YOU HAVE ANY QUESTIONS, FEEL FREE TO CONTACT US:



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